

2018

# ANNUAL REPORT

BOONE COUNTY COMMUNITY SERVICES



ISSUED:  
APRIL 2019



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## INFANT/EARLY CHILDHOOD PROGRAMS



## SCHOOL-BASED PROGRAMS



## YOUTH & FAMILY SUPPORT PROGRAMS



## TREATMENT PROGRAMS



## COMMUNITY SUPPORT & BASIC NEEDS PROGRAMS

Note: Individuals served on program pages represent only those funded through Boone County Community Services (BCCS) funds. Program services in italics indicate the service does not receive funding from BCCS. Residence demographics on funding category overview pages include individuals served from additional funding sources.





# LETTER FROM THE DIRECTOR



**KELLY WALLIS**

Community Services Director  
Boone County, MO

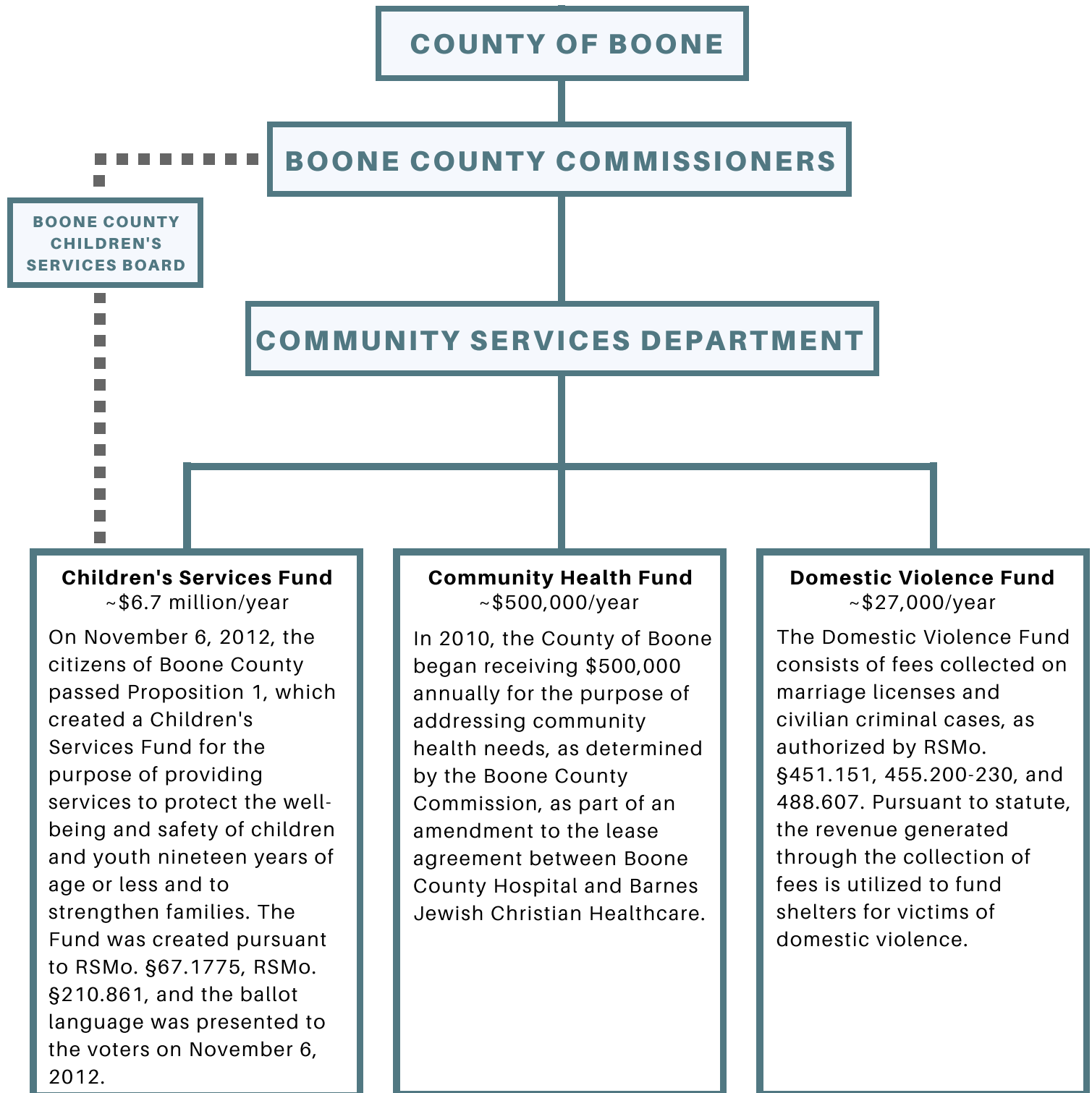
I am pleased to present the Boone County Community Services Department 2018 Annual Report. The Community Services Department was established in 2014 and is responsible for the administration of the Children's Services, Community Health and Domestic Violence Funds for a combined budget of over \$7 million a year.

The Community Services Department funds 49 programs aimed at improving the lives of Boone County residents. Each funded program is required to submit reports semi-annually to demonstrate the impact of the program services on the individual, family and community. The following pages provide information about each program, including the services provided, the goal of the program, the number of individuals served, the amount of funds received, the impact of the services and feedback and success stories from beneficiaries. The programs are arranged according to the primary population and service category the programs serve.

The Boone County Community Services Department also supported the Journey Toward Inclusive Excellence, which is a series of experiences to help individuals mitigate personal biases and foster change in our community. The Journey Toward Inclusive Excellence ran from January to August 2018. The Boone County Children's Services Board (BCCSB) also released "Boone County, Missouri: A Focus on Poverty" to help guide funding decisions that advances community level impact to allow community members to reach their full potential. The report displays the impact education, housing, jobs and health plays on families experiencing poverty.

As you will see in the following pages, there are many children, families and individuals benefitting from the services that are available through the Community Services Department. I want to thank the taxpayers of Boone County who make this possible. Healthy children, families and individuals contribute to a healthy community. I value the opportunity to serve as the Director of the Community Services Department and am grateful to live in a community that cares about and is responsive to the needs of others.

# COMMUNITY SERVICES DEPARTMENT ORGANIZATIONAL CHART



## BOONE COUNTY COMMUNITY SERVICES MISSION STATEMENT

*To support the greatest possible level of independence and self-sufficiency of Boone County residents by promoting their physical, mental and social well-being to cultivate a safe and healthy community.*



# CHILDREN'S SERVICES FUND OVERVIEW

On November 6, 2012, the citizens of Boone County passed County of Boone Proposition 1, which created a Children's Services Fund for the purpose of providing services to protect the well-being and safety of children and youth nineteen years of age or less and to strengthen families. The Fund was created pursuant to RSMo. §67.1775, RSMo. §210.861, and the ballot language was presented to the voters on November 6, 2012. The Children's Services Fund became effective and the inaugural board was appointed by the Boone County Commission in April of 2013. The board is known as the Boone County Children's Services Board (BCCSB) and is the administrative authority of the Children's Services Fund, which includes establishing the budget and approving appropriations from the fund. The Children's Services Fund generates approximately 6.7 million dollars per year.

## Statutorily Eligible Services

RSMo. §210.861 specifies the types of services that may be funded by the BCCSB; pursuant to statute, funds may be invested in the following services:

- up to thirty days of temporary shelter for abused, neglected, runaway, homeless or emotionally disturbed youth
- respite care services
- unmarried parent services
- outpatient chemical dependency and psychiatric treatment programs
- counseling and related services as a part of transitional living programs
- home-based and community-based family intervention programs
- prevention programs which promote healthy lifestyles among children and youth and strengthen families
- crisis intervention services, inclusive of telephone hotlines
- individual, group, or family professional counseling and therapy services
- psychological evaluations
- mental health screenings

Revenues collected and deposited in the Children's Services Fund may not be expended for inpatient medical, psychiatric, and chemical dependency services, or for transportation services.

## Children's Services Board Vision Statement

In pursuit of its mission, the Board Members responsible for the Children's Services Fund hold the following core values and have the following vision:

**Accountability:** The Children's Services Fund will be operated transparently and funds invested wisely to earn and sustain the public's trust.

**Integrity:** The Children's Services Board Members will act with respect, honesty and transparency.

**Discipline:** The Children's Services Fund will be used with purpose and focus on efforts to support creation of integrated systems.

**Adaptability:** The Children's Services Fund will be used flexibly and will be responsive in order to meet the changing needs of our community.

## Children's Services Board Mission Statement:

To improve the lives of children, youth and families in Boone County by strategically investing in the creation and maintenance of integrated systems that deliver effective and quality services for children and families in need.





# INFANT/ EARLY CHILDHOOD PROGRAMS

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We all benefit from investments in infant/early childhood programs. Healthy development in the early years provides the building blocks for educational achievement, economic productivity, responsible citizenship, lifelong health, strong communities and successful parenting of the next generation. The Boone County Community Services Department funded 11 early childhood programs that served infants, toddlers, parents, families and early childhood professionals.

Studies conclude that there are big benefits of investing in early childhood<sup>1</sup>:

- High-quality early education can narrow the achievement gap.
- Early childhood education can improve mental and physical health outcomes.
- Early childhood education can boost children's earnings.
- Early childhood education can lower involvement with the criminal justice system.
- Early childhood interventions can reduce the need for remedial education.

Research consistently stresses the importance of prevention strategies being most effective in early childhood. Early childhood education is an investment; studies show that the benefits associated with such programs come with monetary gains and savings.

<sup>1</sup> <https://everychildmatters.org/the-importance-of-early-childhood-education/>



# 11 EARLY CHILDHOOD PROGRAMS FUNDED

Programs included developmental and behavioral screenings, trainings, curriculum and nutritional education.

4,335

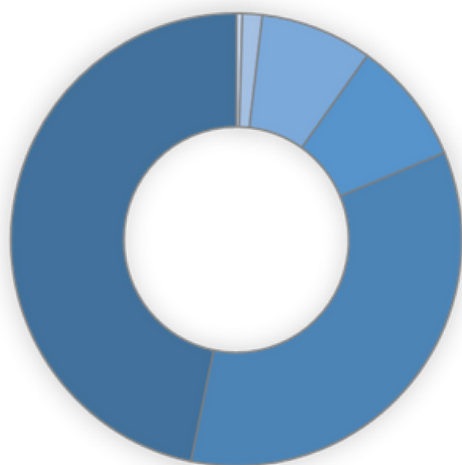
City of Columbia residents served

1,106

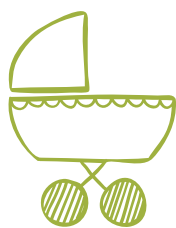
residents outside Columbia city limits served

## Total Program Funding

\$2,396,969.86



- Basic Needs (<1%)
- Social Development & Enrichment (1%)
- Community Advancement (8%)
- Health & Medical (9%)
- Supportive Services (35%)
- Training & Development (47%)



1,170

expecting/new mothers, infants and children received home visiting services



1,048

individuals received mental health screenings and/or assessments



857

early childhood professionals and community members received training



219,979

messages were received through a positive parenting campaign

"It provides one with a small but HUGE sense of security in a world where it's becoming harder to strive financially, even harder to prosper and that is forever changing." - First Chance for Children parent



## 13th Judicial Circuit/Boone County Court

### Child Permanency Services (CPS)



13th Judicial Circuit/Boone County Court  
705 E. Walnut Street  
(573) 886-4000  
[www.courts.mo.gov/hosted/circuit13/](http://www.courts.mo.gov/hosted/circuit13/)

The 13th Judicial Circuit Court works with Family Facets to provide home visitation and parent skills training for families with children placed out of the home. The goal is to reduce the amount of time children are placed out of the home by increasing parental readiness for reunification.

#### Services Provided:

- Home visiting
- Behavioral health assessment
- Case management
- Best practices training

#### Program Outcomes:



Children were reunified with their families an average of 33.88 days sooner than other circuit court cases.



19 children were reunified with their families in 2018.



100% of families reunified remain intact over six months.



70% of families met and/or made progress toward their goals throughout the program.



100% of participants decreased their level of risk of child abuse and neglect.

#### Client Success Story:

"When my children were taken into protective custody, I felt lost, hopeless and confused. I spent months having only one visit a week and an additional 2 phone calls with my children. My case was not moving along. Halfway through my case, I received a new caseworker which made me feel as though I had started all over again. I had to explain myself, prove myself and build a whole new relationship with a person that had my family's fate of being together again in their hands.

Working with CPS was a miracle for me! They helped me get my visits increased due to the program visit requirements. I would have never been able to have these visits without them. They got first hand insight on my barriers I faced during my case as well as my relationship/bond with my children. I had used all my strength completing programs and following court orders that it was almost gone. CPS gave me a whole new strength to push even harder. I felt I had no rights or say in my children's lives while in care. CPS helped me realize I did have a say. I was able to receive unsupervised visits with CPS's help and within 5 months, my children and I were back together after 13 months prior in care. I wish they were with me from day one." - CPS Client

**Amount Received:**  
\$197,718.32

**Individuals Served:**  
90



## Cradle to Career Alliance (C2CA)

### *Cradle to Career Alliance Community Services*



*Bridging Gaps. Transforming Lives.*

cradletocareerinfo@gmail.com  
www.cradletocareeralliance.org

C2CA hosts symposiums and collaborative action networks and publishes local data on community outcomes and indicators. The goal is to remove educational disparities and improve children's success by aligning the efforts of schools and community organizations.

#### **Services Provided:**

- Publishes an annual report with disaggregated local data on student outcomes and indicators
- Convenes, facilitates and provides data for Collaborative Action Networks (CANs) to replicate and implement research-based practices
- Hosts symposiums to include: local and national data, overview of current community efforts to achieve outcomes, presentation of research-based practices to achieve outcomes and identification of the community's priorities for achieving outcomes



#### **Program Outcomes:**



The Kindergarten Readiness team reviewed local data and defined two community goals: 1) all children are healthy and kindergarten ready; and 2) all families are healthy with opportunities to thrive.



C2CA hosted a symposium for community members to engage with researchers, leaders and educators to build an inclusive community that supports low-income children's emotional well-being.



Boone County and C2CA partnered on a proposal resulting in being one of 22 communities nationally to receive a Pritzker Foundation award. Brilliant Beginnings was organized with the goal of creating a seamless continuum of family support and prioritizing families experiencing chronic disparities.

**Amount Received:**  
\$51,546.34

**Individuals Reached:**  
500

## First Chance for Children (FC4C)

### *First Chance for Children Expansion*



1010 Fay Street  
Columbia, MO 65201  
(573) 777-1815  
[www.firstchanceforchildren.org](http://www.firstchanceforchildren.org)

The program provides home visiting services for at-risk families to build resilience through the development of protective factors. The goal of the program is for all children to enter kindergarten with social, emotional and academic skills by giving parents information on development, access to resources and supporting healthy relationships.

#### Services Provided:

- Behavioral health screening
- Parent partnership
- Home visiting (CRIBS visit)
- Home visiting (BabyU visit)
- Crisis intervention
- *Best practices training*
- *Family development*

#### Program Outcomes:



87% of families practiced skills they learned at parent events held by FC4C. Nine parent events were held in Centralia to serve rural Boone County families.



100% of families made monthly progress on their self-selected goals.



88% of families who received a crib reported increasing their knowledge of health and safety-related issues. Of the families that received a crib, none had a child die due to sleep-related death.



94% of families reported improved mental health after receiving FC4C services.



936 individuals received crisis intervention supplies to provide care and comfort for their children.

#### Client Success Story:

"Being able to utilize First Chance as a community resource has really helped my family tremendously by allowing me to not worry so much about the small issues that I cannot control; but to focus on the bigger picture in life and where I want to be. I have definitely grown and I am continuing to grow every day.

I believe my family and I are paired with one of the best First Chance educators that the center has! She goes above and beyond in her job duties. She is someone that I don't mind getting personal and honest with. I believe whole heartedly that she genuinely LOVES and cares for myself and my two kids.

All in all, I would recommend this program to anyone that is looking for community resources that are actually serious about bettering their situation in whatever form it's in. This is something that you have to want and then go for it. It takes humbleness, dedication and hard work to put yourself in that position. Thank you all for what you do. It's really the people who want equality for all that are some of the best individuals in life!" - FC4C parent

**Amount Received:**  
\$201,034.80

**Individuals Served:**  
2,725



## Harrisburg Early Learning Center

### School Age and Early Childhood Services

#### Harrisburg Early Learning Center



"Early Learning for a Brighter Future"

450 W. Sexton Street  
Harrisburg, MO 65256  
(573) 875-5959  
[www.harrisburgearlylearningcenter.com](http://www.harrisburgearlylearningcenter.com)

Harrisburg Early Learning Center provides early childhood education to the children of Boone County, preparing children for entry into kindergarten, involving parents in the education of their children, providing quality and structured before and after school programming and summer enrichment programming.

#### Services Provided:

- Social/emotional screening
- Out-of-school programming
- Scholarships

#### Client Success Story:

"I have two children currently enrolled at Harrisburg Early Learning Center (HELC). She has worked her way through all of the classrooms and will be moving to the before and after school program in June. I am very grateful for the care that HELC has given our children since they were born. The staff is very caring and compassionate and I can easily talk to the teachers about any concerns I have with my children. They have helped my oldest child become fully ready for kindergarten. My youngest child has had some developmental delays and the staff has been willing to work with me on any requests I have made to help her get caught up. The center has become family to us and my children enjoy coming here everyday to learn, and to see their friends and teachers." - HELC parent



#### Program Outcomes:



100% of families reported less stress knowing their child(ren) were in a safe, secure environment.



24 children were screened for social/emotional and developmental delays.



100% of children increased positive social behaviors when interacting with their peers and teachers.



94% of children maintained or increased performance and knowledge in math, language and social studies.



100% of children maintained or increased performance and knowledge in science.

**Amount Received:**  
\$43,378.31

**Individuals Served:**  
37

# INFANT/EARLY CHILDHOOD

## Lutheran Family and Children's Services of Missouri

### Pregnancy and Parenting Services



Home visiting, therapy, parenting education and case management services are provided to parents, caregivers and their children to increase timely access to pregnancy, parenting and mental health services for families.

#### Services Provided:

- Individual therapy - adult
- Individual therapy - child
- Family therapy
- Case management
- General medical care
- Prescription medication
- Home visiting
- Group therapy - adult

307 Locust Street  
Columbia, MO 65201  
(573) 815-9955  
[www.lfcsmo.org/locations/mid-missouri-office/](http://www.lfcsmo.org/locations/mid-missouri-office/)

#### Program Outcomes:



77% of participants showed progress toward addressing risk factors that may lead to child abuse and/or neglect.



73% of participants demonstrated an increase in parenting knowledge.



100% of families demonstrated improved parent-child relationships.



77% of participants reported reduced anxiety symptoms.



73% of participants showed a reduction in depressive symptoms.

#### Client Success Story:

"Jessica receives individual therapy in Lutheran Family & Children's Services' Maternal Mental Health program for postpartum depression and anxiety. Here is what Jessica had to say about her experience, 'I am so grateful for the opportunity to visit with [staff]; she is a strong, caring, wise counselor and friend on whom my family and I rely to keep our lives running smoothly. She has helped me to be a better mom, partner and friend by guiding me through situations and emotions that can be extremely overwhelming. I don't know what I'd do without her!'"

"[Staff] would not be able to counsel Jessica without the funding received from Boone County Children Service's Fund. So when Jessica thanks [staff], she is also thanking Boone County Children Service's Fund for funding a service that has helped her and her family." - LFCS staff

**Amount Received:**  
\$339,556.61

**Individuals Served:**  
195



# INFANT/EARLY CHILDHOOD

## Mary Lee Johnston Community Learning Center (MLJCLC)

### Healthy Habits



1509 Hinkson Avenue  
Columbia, MO 65201  
(573) 449-5600  
<https://www.mljclc.org>

The program provides education and development of lifestyle habits that reflect the importance of quality food selection and positive activity choices for children enrolled at MLJCLC. Nutrition events are held for families enrolled at MLJCLC and other non-profit early learning centers.

#### Services Provided:

- Health education
- Case management
- Public awareness/education
- *Physical activity*
- *Congregate meals*
- *Parent partnership*

#### Client Success Story:

"Jamie is a mother of three children ages six, three and one. When Jamie came to the center she had obtained employment but had no child care, no housing and her vehicle had been repossessed. She did the best she could with transportation. We provided her with bus passes but some days bringing three children on the bus was too much. We worked with Jamie to obtain housing through the Columbia Housing Authority. She and her children had been living in one room in a two bedroom apartment with her mother. She was technically homeless. She was considered a high priority so that helped with housing. We referred her to Money Smart, a financial program that helps with budgeting, improving credit and home-ownership. We assisted Jamie in locating a primary physician that would meet her needs and the needs of her children. Through case management we were able to help give Jamie a new start. She felt more confident knowing that we were not only providing quality care for her children, but we cared enough to help her with her struggles too. Today, Jamie has maintained employment and is in her own place with her children. She has purchased a vehicle so transportation is no longer an issue. She has more to get through but every day gets better." - MLJCLC staff

#### Program Outcomes:



100% of children increased their knowledge of healthy food options.



87% of children met appropriate developmental milestones.



95% of families that were provided a resource or referral to community services reported a reduction in stress.



195 parents and community members attended events focused on health, wellness and nutrition.

**Amount Received:**  
\$61,962.50

**Individuals Served:**  
330

# INFANT/EARLY CHILDHOOD

## Mary Lee Johnston Community Learning Center (MLJCLC)

### Lifestyle Habits



The program provides education and development of lifestyle habits that reflect the importance of quality food selection and positive activity choices.

#### Services Provided:

- Provide high-quality, nutritional food with whole grains, fresh fruits and vegetables
- Two planned parent inclusion movement events and nutritious meals with the children

1509 Hinkson Avenue  
Columbia, MO 65201  
(573) 449-5600  
<https://www.mljclc.org>

#### Program Outcomes:



100% of meals served meet the high nutritional standards of the *Advanced Level Eat Smart Food Program*.



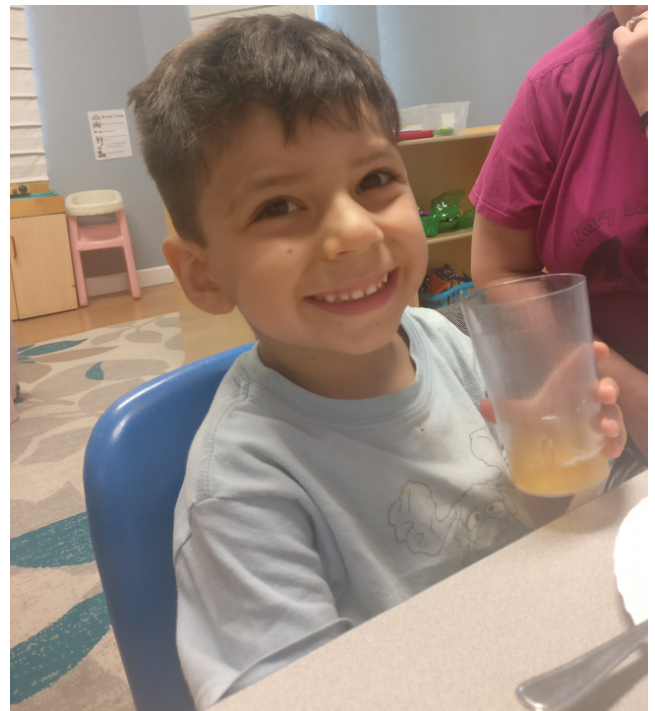
66% of children broadened their "like" of nutritious foods.



Two events were held for families to spend time exercising and enjoying a nutritious meal together.



57% of MLJCLC enrolled families participated in parent inclusion events.



**Amount Received:**  
\$10,968.41

**Individuals Served:**  
162



# INFANT/EARLY CHILDHOOD

## Moberly Area Community College (MACC)

### Boone County Children's Services Fund Quality Child Care Program



601 Business Loop 70 West,  
Suite 216  
Columbia, MO 65203  
(573) 234-1067  
[www.macc.edu/columbia](http://www.macc.edu/columbia)

MACC offers scholarships for childcare providers and high school students to obtain their Child Development Associate (CDA) Credential. MACC also provides training and coaching in HighScope, an evidence-based approach for early childcare providers.

#### Services Provided:

- CDA preparation for early childhood education teachers
- CDA preparation classes at the Columbia Career Center
- Training (HighScope (an early childhood curriculum))
- Coaching (HighScope and Social-Emotional Learning (SEL))
- Classroom Assessment Scoring System (CLASS) assessment and evaluation of teachers
- HighScope train-the-trainer
- Devereux Early Childhood Assessment/Evaluation (DECA) of students



#### Program Outcomes:



Eight CDA preparation participants are either close or have obtained their CDA credential.



100% of HighScope trained participants have implemented HighScope practices in their child care facilities.



71% of participating teachers increased their CLASS scores indicating improved, effective interactions between toddlers and teachers.



76% of children with participating teachers increased their social and emotional adaptive skills.

**Amount Received:**  
\$300,441.97

**Individuals Served:**  
538

## University of Missouri - Department of Psychiatry

### Boone County Early Childhood Coalition (BCECC)



Woodrail Medical Plaza  
Bldg 2, Suite 140  
Columbia, MO 65203  
(573) 884-4891  
www.bcecc.org

The program implements the evidence-based intervention, Triple P (Positive Parenting Program), which increases knowledge, skills and confidence of parents to reduce the prevalence of mental health, emotional and behavioral problems in children. Triple P is implemented through a community-wide mental health campaign, complementary parent education and support services, and training for social service professionals. They also provide evidence-based screenings with the Family Access Center of Excellence (FACE).

#### Services Provided:

- Triple P universal mental health campaign
- Training for Triple P (level 2, 3 and 4)
- Development of screening hub
- Social-emotional focused screenings
- Triple P prevention support
- Program development and implementation
- Evaluation

#### Program Outcomes:



219,829 messages were received through a positive parenting campaign. The campaign brought high traffic to BCECC's website and caregivers participating in the Triple P program.



47 social service providers received training on the screening hub and Triple P.



88% of trained practitioners had an overall increase in knowledge/skills in positive parenting practices and detecting and managing child behavior problems.



A screening hub was completed and all Family Access Center of Excellence (FACE) case managers were trained in implementation.

#### Client Success Story:

"I just wanted to express how grateful I am for [staff] with Triple P and her help with our son. Bedtime was something I always dreaded because I knew that I would have to lay with my 5 year old until he fell asleep which meant I almost always fell asleep, and never had time for myself or with just my husband. [Staff] gave me a great routine that Garret loves and now bedtime is much less stressful for us all. I don't have to lay down and wait for him to fall asleep, I can put him to bed and go about my evening. Garret appreciates the nightly routine as well, he knows now what to expect when its time to go to bed. I am so glad that I saw the commercial and decided to give it a try! It has now become that I don't even have to check on Garret at all after I put him down, he usually falls asleep pretty quickly and I can go about my evening. I am really shocked about how well this worked with him because to me, he seems so strong willed and I never know how his attitude is going to go. I will probably be contacting you for some other help with some of his behaviors as well!" - Triple P parent

**Amount Received:**  
\$724,497.30

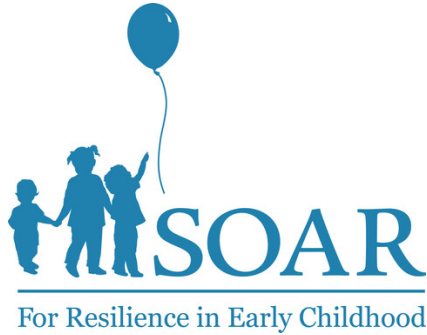
**Individuals Served:**  
948



# INFANT/EARLY CHILDHOOD

## University of Missouri - Department of Psychiatry

### System of Offering Actions for Resilience (SOAR) in Early Childhood



Woodrail Medical Plaza Bldg 2,  
Suite 140  
Columbia, MO 65203  
(573) 884-6843  
<http://www.helpingyoungchildrensoar.org>

SOAR provides coaching on screenings and best practices for childcare providers to enhance the social and emotional well-being of young children. SOAR staff also provides Child-Parent Psychotherapy (CPP) interventions for children and their families who are experiencing mental health crises.

#### Services Provided:

- Best practices training (Early Childhood-Positive Behavior Support (EC-PBS))
- Professional coaching (EC-PBS)
- Parenting skills training
- Family therapy
- Service coordination
- Professional coaching (SOAR reflective supervision)
- Best practices training (SOAR staff training)
- Behavioral health assessment

#### Client Success Story:

"SOAR has been a fantastic resource for our family and the preschool that our boys attend. From the very beginning when my first son started at his childcare site and I took a class on positive parenting, our EC-PBS coach has been providing beneficial and helpful resources. I regularly have conversations with the Director about the input and insight she receives from our EC-PBS coach and how she's using what she learns to help equip our kids. That also helps us all work together with the same plan of action and goal. When we've faced struggling times with our toddlers, our EC-PBS coach has provided such valuable perspective and guidance on how to help them (and how to help me)." - EC-PBS parent

"We have so much appreciation for the CPP program. I hope that more families are able to use the program, and for that reason more teaching/ education by outside providers should be helpful. Only after contacting numerous professionals, did we get sent here. I was so desperate for help, I was calling outside network providers for help, and they didn't know of the CPP program as well." - CPP participant

#### Program Outcomes:



408 professionals received training on EC-PBS principals and how to administer social/emotional and developmental screenings.



85% of child care providers maintained or increased their knowledge on social-emotional and universal classroom strategies.



85% of children receiving CPP reduced emotional and behavioral difficulties.



89% of caregivers participating in CPP reduced post traumatic stress symptoms.



31 individuals participating in CPP received a behavioral health assessment.

**Amount Received:**  
\$401,283.30

**Individuals Served:**  
1,081

## University of Missouri - Division of Pediatrics, Department of Child Health, and UM Health Care

### *HealthySteps for Young Children*



551 E. Southampton Drive  
Columbia, MO 65201  
(573) 882-4730  
<https://www.muhealth.org/conditions-treatments/primary-care/general-pediatrics>

HealthySteps for Young Children connects with families during pediatric well visits as part of the primary care team. They offer screenings, help with complex parenting issues, guidance and referrals, care coordination and home visits.

#### **Services Provided:**

- Case management
- Developmental screening and social/emotional screening
- Behavioral health screening
- Home visiting

#### **Program Outcomes:**



75% of children actively involved in HealthySteps are on schedule for well-child checks.



93% of families participated in HealthySteps for at least 12 months.



146 children received developmental and social-emotional screenings.



99% of mothers were screened for postpartum depression at every well-child check appointment during the child's first year.



94% of families receiving home visits demonstrated improvement in at least one parenting practice.

#### **Client Success Story:**

"I started working with Ayana and Imari when he was a newborn and Ayana had moved to Columbia from Congo. She knew very little English, did not know much about being a parent since this was her first child and was dealing with post-partum depression. She missed her parents and husband who were not able to come with her. I used a translator to talk about development and a lot about her post-partum symptoms and possible ways to help. Ayana became more independent as time went on and got a part-time job cleaning and was working very hard on learning English. She wanted to work more, but had some trouble with the online applications. She contacted me and said that she had no one to help her with these. I spent several hours with her at home and completed a few job applications. She was able to get a full-time job through a hospital with benefits which will allow her to have enough income to save for their future and eventually get their own apartment. She no longer is depressed and is hopeful and motivated to learn. Imari is now 16 months old and is a thriving, happy little boy."

- HealthySteps Specialist

**Amount Received:**  
\$64,582.00

**Individuals Served:**  
316



There are huge benefits for children, youth and families who receive services within the school or its setting. The Boone County Community Services Department funded five programs with a number of different services including: training for teachers, clubs, capacity building for student education, case management, universal social-emotional screenings and psychiatric services.

Because schools are the hub of many activities and most children and their parent/guardians spend time at school, it is relatively easy for them to keep appointments and come to meetings held on school premises. This funding allows for universal screenings that provides targeted, evidence-based interventions.



On-site services provided additional access, for points to help eliminate barriers and provided support for working parents and families. Other benefits of school-based services included an increase in mental health access, an increase in school attendance, and a decline in school discipline referrals.

The collaboration between schools and organizations to provide services on-site has benefitted children, youth, parents, families, teachers, school counselors and administration.

# SCHOOL-BASED PROGRAMS

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# 5 SCHOOL-BASED PROGRAMS FUNDED

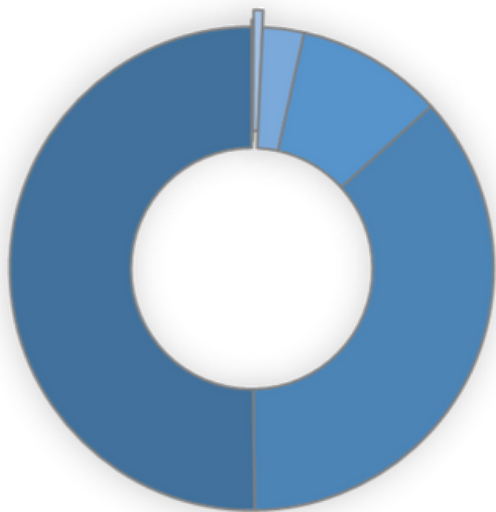
Programs services included: training for teachers, clubs, capacity building for student education, case management, universal social-emotional screenings and psychiatric services.

20,366

City of Columbia residents served

5,804

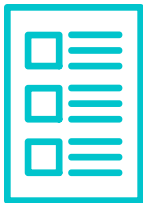
residents outside Columbia city limits served



## Total Program Funding

\$1,960,566.44

- Income Support & Employment (<1%)
- Community Advancement (1%)
- Social Development & Enrichment (3%)
- Training & Development (10%)
- Supportive Services (36%)
- Health & Medical (50%)



105,195

screenings and assessments completed



8,519

hours of case management provided



1,048

school staff members trained in best practices



1,366

individuals received therapy and psychiatric treatment services

"Our staff struggles with students with various mental conditions and try to ensure that every student in their classroom is receiving a top education. However, this is problematic when a student suffers from a mental diagnosis. Some of our parents have a very difficult time in finding mental health care and transporting their child to various appointments." - Elementary school nurse

# SCHOOL-BASED

## Central Missouri Community Action (CMCA)

*Building Resilience through Interdisciplinary Developmentally Guided Engagement (BRIDGE)*



The BRIDGE supports families experiencing poverty in the first few years of elementary school in collaboration with the children's teachers. The program helps build social-emotional skills within children and resiliency in both children and parents. BRIDGE also provides training to teachers to understand the impact poverty has on child development and learning.

### Services Provided:

- Home visiting
- Case management
- Social/emotional screening
- Best practices training
- Family education

807 N Providence Road  
Columbia, MO 65203  
(573) 443-8706  
[www.showmeaction.org](http://www.showmeaction.org)



### Program Outcomes:



90% of children met goals established in their Child Success Plans for the 2017-2018 school year.



65 families have developed Family Success Plans for the current 2018-2019 school year.



100% of children maintained or increased social and emotional competence.



89% of teachers participating in BRIDGE have reported improved relationships with their students' families.

**Amount Received:**  
\$245,745.48

**Individuals Served:**  
436

# SCHOOL-BASED

## Columbia/Boone County Department of Public Health and Human Services

### Teen Outreach Program (TOP)



TOP encourages schools and counselors to recruit students to lead community service activities, discuss current issues and utilize TOP curriculum that focuses on health education. The purpose is to encourage healthy behaviors and community engagement for youth through positive youth development strategies.

#### Services Provided:

- Health education
- Information and referral
- Positive youth development
- Family education

1005 West Worley Street  
Columbia, MO 65203  
(573) 874-7355  
[www.como.gov/health](http://www.como.gov/health)

#### Program Outcomes:



73% of youth reported they often or always say no to tobacco, alcohol or other drugs.



100% of youth reported that she/he has not been pregnant or caused a pregnancy over the past year.



84% of youth reported that it is easy for them to stick to their plans and accomplish their goals.



487 hours of volunteering were completed by TOP youth.



93% of youth reported that TOP projects helped them make a positive difference in the lives of others.

#### Client Success Story:

"In 2018, our Teen Outreach Program students participated in their very own Photovoice project, in which they took pictures and created captions to reflect health issues that they found to be problematic within their communities. The most commonly identified findings from the students included the health issues of tobacco use, drug use, littering, poverty, homelessness, bullying, mental health, violence, STDs, alcohol use and obesity. Several other health issues were identified, as well. Youth were able to have meaningful discussions with each other regarding various health topics and how specific health topics affect teens in their communities. This project also allowed the youth to educate and inform adults in their communities by providing eye-opening photos and stories through their own point of view. Students had the opportunity to present their pictures to Boone County community members at a local, community-wide showcase event. Following that event, their photos were then displayed in the main entrance of the Columbia/Boone County Department of Public Health and Human Services and in the lobby of City Hall in downtown Columbia." - TOP staff

**Amount Received:**  
\$21,514.86

**Individuals Served:**  
211



# SCHOOL-BASED

## SEED Success

### BooneSaves

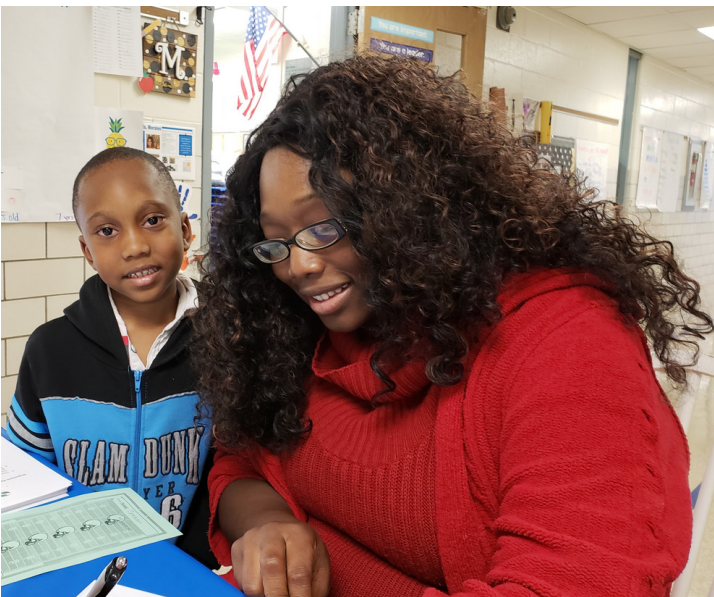


SEED Success establishes Children's Development Accounts (CDAs) for kindergartners in Columbia Public Schools and Boone County rural school districts. The goal is to strengthen a child's access and capacity to achieve financial capital accumulation and integration into educational and financial systems.

#### Services Provided:

- Community collaboration
- Best practices training
- Personal finance education
- *Individual development account (initial deposit)*
- *Individual development account (incentive deposit)*

3075 S. Rangeline Road  
Columbia, MO 65201  
(573) 864-5385  
[www.seedsuccessnow.org](http://www.seedsuccessnow.org)



#### Program Outcomes:



85 Boone County students have enrolled and established a Children's Development Account funded through other program revenues.



4 Boone County schools are promoting incentives and tracking students to receive additional deposits.



15 local organizations and businesses are committed to assist and recruit families for the BooneSaves program.



100% of kindergarten teachers in participating schools are trained in age-appropriate financial literacy curriculum.

**Amount Received:**  
\$23,381.42

**Individuals Served:**  
298

# SCHOOL-BASED

## University of Missouri - Boone County Schools Mental Health Coalition

*Boone County Schools Mental Health Coalition (BCSMHC)*



University of Missouri  
205 London Hall  
Columbia, MO 65211  
[www.bcschoolsmh.org](http://www.bcschoolsmh.org)

The BCSMHC provides universal screenings for all Boone County students to provide targeted, evidence-based interventions and trainings. The goal is to reduce risk factors, promote existing strengths and improve coordination of services for at-risk youth and their families.

### Services Provided:

- BCSMHC checklist (teachers)
- BCSMHC checklist (students)
- Professional coaching
- Universal treatment
- Group therapy - child
- Individual therapy - child
- Case management
- Best practices training

### Program Outcomes:



25,093 students were screened for social, behavioral, emotional and academic risk factors.



100% of Boone County schools completed the BCSMHC checklist three times per year.



100% of Boone County schools implemented an evidence-based intervention to address areas of concern.



72% of students with behavior support plans demonstrated a decrease in behavior problems.



800 school staff members received professional development training on topics related to areas of need identified by school professionals.



**Amount Received:**  
\$968,033.00

**Individuals Reached:**  
26,036



# SCHOOL-BASED

## University of Missouri - Department of Psychiatry

### MU Bridge Program: School-Based Psychiatry



#### MU BRIDGE PROGRAM: SCHOOL-BASED PSYCHIATRY

University of Missouri, Department of Psychiatry  
1 Hospital Drive  
Columbia, MO 65212  
(573) 882-3125  
<https://www.muhealth.org/conditions-treatments/pediatrics/pediatric-psychiatry/community-outreach>

The MU Bridge Program provides school-based psychiatric services and nurse case management for Boone County children and adolescents who are in need of psychiatry services. The goal of the program is to decrease the wait time for children to access psychiatry services.

#### Services Provided:

- Psychiatric treatment
- Psychiatric case management
- Psychiatric treatment (Fellows)

#### Client Success Story:

"Our family went through a terrifying episode this past semester, as we found ourselves in the midst of emotional turmoil. We had the good fortune of being referred to the Bridge Program, and wound up in the hands of the capable and caring people of your office. We would not have had any idea of the steps that needed to be taken to help our son. But your guidance led us through hard decisions, with a mixture of compassion and a professional attitude that I found reassuring. The guidance you gave us was in just the right tone; steps had to be taken, decisions needed to be made, the facts had to be confronted. I want to let you know how thankful we are to have had your help. I can't imagine what might have been if we had not had your help. But the good thing is that I don't have to think of what might have been, because you were available to us." - Parent of high school student

"This program has helped so many children, that I feel would most likely never receive care, or would have received care only when in crisis. I feel that if we can impact children before they are in crisis, the long term goal is much more successful." - School staff

#### Program Outcomes:



94% of parents indicated youth with conduct problems, demonstrated improvement at discharge.



74% of parents indicated youth demonstrated improvements in mood, behavior and/or ADHD symptoms.



55% of teachers with participating students reported significant improvements in one or more teacher-rated symptoms.



98% of participants had a permanent provider established to prescribe medications upon program discharge.

**Amount Received:**  
\$701,891.68

**Individuals Served:**  
380





# YOUTH & FAMILY SUPPORT PROGRAMS

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Youth and family support services are designed to help prevent or alleviate crisis. There were 13 programs providing a variety of services to Boone County youth and families. These services included: after-school and summer programming, respite care, therapeutic mentoring, case management, youth supports, health education, advocacy, emergency shelter for children and youth and a center designed specifically for youth and families to access mental health services for social, emotional and behavioral concerns.

These strength-based, comprehensive services were easily accessible, delivered in the home or in community-based settings. Services were flexible, responsive to real family needs and provided links to other supports and services. Organizations recognized the importance of a true partnership with families. They delivered programs that were responsive to cultures, needs, values and preferences using both informal and formal delivery models. They were designed to strengthen the family and parenting practices and the healthy development of children.

The goal of these program services are to increase parent and family confidence and competence. Families, parents and youth feel safe, stable, supported and connected to their community, allowing for enhanced and continuous health, growth and development.

# 13 YOUTH & FAMILY SUPPORT PROGRAMS FUNDED

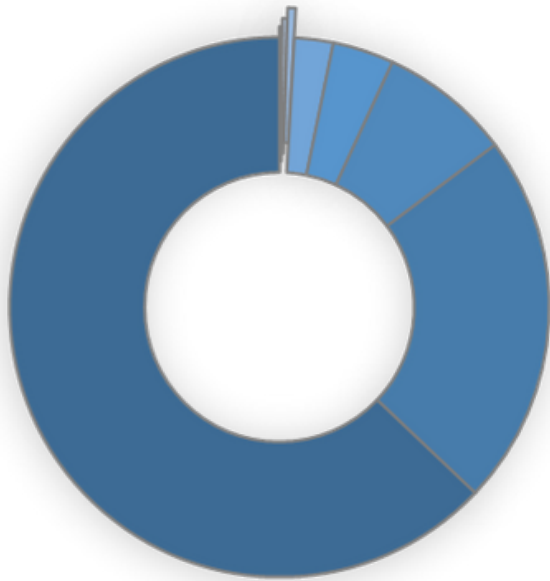
Programs are designed to strengthen the family and parenting practices and the healthy development of children.

11,838

City of Columbia residents served

1,755

residents outside Columbia city limits served



## Total Program Funding

\$2,338,463.96

- Training & Development (<1%)
- Housing (<1%)
- Education (1%)
- Basic Needs (2%)
- Community Advancement (4%)
- Health & Medical (8%)
- Social Development & Enrichment (22%)
- Supportive Services (63%)



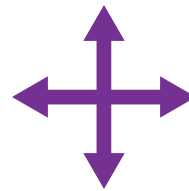
51,716

hours of social development and enrichment services provided



484

individuals received mental health screenings and/or assessments



53,856

hours of case management provided



122

individuals received therapeutic services

## Boys and Girls Club of Columbia Area

### After-School and Summer Programming



**BOYS & GIRLS CLUBS**  
OF COLUMBIA

1200 N 7th Street  
Columbia, MO 65201  
(573) 874-1697  
[www.bgc-columbia.org/](http://www.bgc-columbia.org/)

Boys and Girls Club provides after-school and summer programming designed to empower youth to excel in school, become good citizens and lead healthy, productive lives.

#### Services Provided:

- Out of school programming
- Social/emotional screening
- Group therapy - child
- Individual therapy - child
- Behavior support services
- *Best practices training*

#### Program Outcomes:



72% of youth demonstrated a decrease in negative behaviors.



91% of youth participated in academic support programming.



92% of youth demonstrated an increase in resiliency scores.



81% of youth who received individual therapy demonstrated a decrease in behavioral health symptoms.



100% of parents surveyed feel that Boys and Girls Club is a safe place for their children.

#### Client Success Story:

"We recently had a group of 4th grade girls that struggled with social interactions with one another; they became aggressive and also socially isolated members of the group. Members of the team were able to intervene and provide services through group programs such as Positive Action. Although the group is still working on improving their interactions and behaviors, they have come a long way. They are no longer isolating one another and they have learned to speak up when misunderstandings happen. This group of girls has gone from constant incident reports and parent meetings, to friendly reminders and redirection. I have also noticed that their level of confidence has grown, some have even joined the dance team which has reinforced positive interactions at the club."

- Boys and Girls Club of Columbia Area staff



**Amount Received:**  
\$252,218.98

**Individuals Served:**  
628



## Central Missouri Foster Care and Adoption Association

### Boone County Respite Program



105 E Ash Street, Suite 101  
Columbia, MO 65203  
(573) 476-6039  
[www.ccfosteradopt.com](http://www.ccfosteradopt.com)

Central Missouri Foster Care and Adoption Association (CMFCAA) provides respite events for children and youth who are in foster care or waiting to be adopted. The goal of the program is to decrease family stress, increase social skills and strengthen relationships.

#### Services Provided:

- Out of home respite care - child



#### Program Outcomes:



88% of foster and adoptive families reported they are better able to manage stress and anxiety related to emotions.



90% of families served expressed that the program is a support system to help a child remain in their home.



85% of children and youth served were able to build positive communication, trust and sincere attachments to peers and adults.



CMFCAA re-named the program Odyssey to convey a positive sense of growth and belonging. Re-branding has improved marketing and attendance since July 2018.

**Amount Received:**  
\$20,052.92

**Individuals Served:**  
314

## CHA Low-Income Services, Inc.

### *Healthy Home Connections*



Healthy Home Connections (HHC) improves the socio-emotional well-being of families and children with low-income. Families are connected to community support services which strengthen families and help children succeed. Therapeutic Mentoring is also available through Big Brothers Big Sisters.

#### **Services Provided:**

- Case management
- Therapeutic mentoring

201 Switzler Street  
Columbia, MO 65203  
(573) 443-2556  
www.columbiaha.com

#### **Program Outcomes:**



100% of families retained housing.



20% of families increased their income, secured a job and/or engaged in money management classes.



96% of families made progress and/or reached their established goals.



92% of youth reported they are "very sure" or "mostly sure" that they will finish high school.



7,242 hours of therapeutic mentoring was provided to 97 children and youth.

#### **Client Success Story:**

"Moenita just got her dream job at Boone Hospital! Head of household with three children in the home —two with significant disabilities — Moenita told Healthy Home Connections staff last year she felt socially isolated and anxious. That day she set a goal to strengthen her connections to family, friends and community. In the months that followed, her confidence in social situations surpassed her personal expectations. She is now active in her community and pursuing professional networking opportunities as well as engaging in parent-child interaction group events.

HHC staff connected her to services for her children. Her infant son, struggling to drink due to swallowing difficulties, received specialized nipples to increase his nutritional intake. Staff encouraged obtaining further medical diagnoses so that agencies, such as Boone County Family Resources, might be of service to this child in addition to the other child they serve in the home.

Though she expresses appreciation to HHC for the help, truly, the credit goes to her. When she thought she couldn't, she had the courage to try, and in doing so, she connected with an employer who saw her strength and became equally determined to see her succeed." - Healthy Home Connections staff

**Amount Received:**  
\$376,318.26

**Individuals Served:**  
839

## CHA Low-Income Services, Inc.

### Moving Ahead After-School and Summer Program (MAP)

#### Therapeutic Art-Making



MAP provides education enrichment for children and youth of families who participate in CHA Housing Voucher program. The Boone County Children's Services Fund supports Trauma-Informed Therapeutic Art-Making for MAP enrolled students with the goal of increasing protective factors and youth engagement that builds resilience and strengthens social bonds.

#### Services Provided:

- Trauma-informed Therapeutic Art-Making
- Out of school programming

201 Switzler Street  
Columbia, MO 65203  
(573) 443-2556  
[www.columbiaha.com](http://www.columbiaha.com)



#### Program Outcomes:



54% of youth participating in Therapeutic Art-Making demonstrated an increase in their ability to manage stress, self-regulate emotions and cope with trauma.



88% of youth reported improved communication with parents and teachers.



86% of youth had no incidents of disciplinary referrals at school.



69% of referred families utilized additional services to address mental health concerns/needs.

**Amount Received:**  
\$77,930.00

**Individuals Served:**  
149



## CHA Low-Income Services

### Youth Community Coalition - Communities That Care Project (YC2)



201 Switzler Street  
Columbia, MO 65203  
(573) 443-2556  
www.columbiaha.com

YC2 organizes, supports and builds the capacity of local coalitions in Ashland, Centralia, Columbia, Hallsville, Harrisburg and Sturgeon. YC2 informs these coalitions through community needs assessments to advocate for and deliver services to promote strong families and successful youth.

#### Services Provided:

- Community collaboration
- Positive youth development
- Community needs assessment

#### Program Outcomes:



71% of coalition members reported attending two or more meetings.



90% of coalition members are aware of the needs of youth in their community.



123 Hallsville students were surveyed to collect developmental assets data to guide the focus of their community's coalition efforts.



51% of Hallsville students fall in the adequate to thriving range in developmental assets.



**Amount Received:**  
\$94,365.08

**Individuals Served:**  
2,198

## Columbia Center for Urban Agriculture (CCUA)

*Improving Mental and Physical Health of Food Insecure Children Through Hands-On Nutrition Interventions*



P.O. Box 1742  
Columbia, MO 65205  
(573) 514-4174  
[www.columbiaurbanag.org](http://www.columbiaurbanag.org)

The program provides nutrition and garden-based education to eight elementary Columbia Public Schools with high rates of children participating in free and reduced lunches. CCUA also teaches low-income families with children how to grow their own produce efficiently and how to prepare healthy meals through the Opportunity Gardens program.

### Services Provided:

- Health education
- Community gardens

### Client Success Story:

#### Feedback from elementary students:

"Why isn't she (Farm to School Coordinator) coming today?"

"This is the first time I have eaten a pear, and I loved it!"

"I am going to eat better."

"Look at my plate...I'm eating more each day" (had her plate loaded with fresh veggies.)

#### Opportunity Gardens story:

"Steve signed up for the program so that his elderly mother could get back to farming which she was very adept at in Burundi. During a mentoring visit by Opportunity Gardens staff in the summer in 2018, Steve's daughter was planting some radishes and said 'This is fun! More fun than watching TV!'"

### Program Outcomes:



Fruit and vegetable consumption in participating elementary schools increased by 2.06% in the first six-months of the Farm to School Program.



In the first six months of the Farm to School Program, students demonstrated an increase in positive attitudes and knowledge on the following:

- Being less picky about foods they eat
- More likely to like basil, kale and spinach
- Knowing where plants get energy to grow



79% of Opportunity Garden participants completed the program.



73% of Opportunity Garden participants achieved a self-identified goal.

**Amount Received:**  
\$99,060.00

**Individuals Served:**  
5,360

## Fun City Youth Academy

*Fun City Youth Academy*



1801 Vandiver Drive, Suite 110  
Columbia, MO 65202  
(573) 256-1436  
[www.funcityyouthacademy.org](http://www.funcityyouthacademy.org)

Fun City Youth Academy provides programming during the summer and on Saturdays during the school year. The goal is to improve mental health outcomes, promote healthy lifestyle choices and strengthen family units for youth under the age of 19.

### Services Provided:

- Out of school programming
- Individual therapy - child
- Behavior support services
- Academic instruction
- Family development

### Program Outcomes:



71% of students increased in positive self-image and self-esteem.



60% of students receiving academic instruction retained or increased math proficiency at/above the benchmark level.



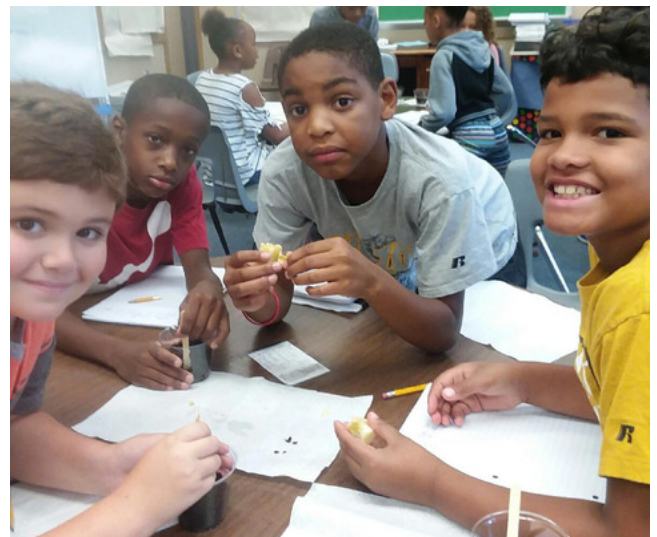
41% of students receiving academic instruction retained or increased reading proficiency at/above the benchmark level.



63% of students demonstrated a decrease in the number of conflicts with other students.



61% of parents reported improved relationships with family members.



**Amount Received:**  
\$81,694.26

**Individuals Served:**  
241



## Heart of Missouri CASA

### CASA Child Advocacy



105 E. Ash Street, Suite 102  
Columbia, MO 65203  
(573) 442-4670  
www.homcasa.org

Heart of Missouri CASA provides child advocacy services for children involved in abuse and neglect court cases. Services are provided by trained volunteers to help find safe, permanent homes for children who have been abused or neglected.

#### Services Provided:

- Advocacy

#### Client Success Story:

"For almost 6 months, Hannah had been in foster care with very little hope for her future. She had been in a residential setting an hour away from the friends, family and community she had known. With only two visits from her mother within that time period, and one visit with her father, Hannah felt isolated. As a result, she had no motivation to work harder in school or control her behaviors when other peers triggered her.

Lisa worked hard to build trust with Hannah and visited with her consistently. At their first visit, Hannah told Lisa that the main thing she needed was "someone to encourage her." Lisa made sure to remind Hannah that she was smart, talented, hard-working and had a great future ahead of her.

Lisa began building trust with Hannah's family and calling the family with Hannah's updates. Over time, Hannah's aunt and father became more involved. With Lisa's advocacy, the family support team agreed to move her to a residential center back in her community so that they could begin family therapy. When Lisa started on this case, the general expectation from the team was that Hannah would eventually age out of the foster care system. However, after 485 days in foster care, with Lisa's consistent advocacy and encouragement, Hannah was able to return home safely to her family." - Heart of Missouri CASA staff

#### Program Outcomes:



100% of children with a CASA volunteer remained free from re-abuse while in foster care.



92% of closed cases with the court achieved permanent outcomes compared to 89% of case closures for the entire circuit.



93% of CASA volunteer recommendations to the court were accepted or ordered by the Family Court Judge.



47 new volunteers were trained and an additional 85 active volunteers completed continuing education trainings.

**Amount Received:**  
\$121,837.50

**Individuals Served:**  
258

## Presbyterian Children's Homes and Services

### *Therapeutic Mentoring and Family Support*



Presbyterian Children's  
Homes and Services

109 W. Forest Avenue  
Columbia, MO 65203  
(573) 989-9727  
[www.missouri.pchas.org/](http://www.missouri.pchas.org/)

Trained mentors support youth to attain goals and reduce risk factors through community-based mentoring. The goal is for youth to create positive connections in the community and improve coping skills, pro-social behaviors and self-esteem.

#### **Services Provided:**

- Therapeutic mentoring

#### **Program Outcomes:**



94% of youth improved academic outcomes by attending at least 90% of the school year.



94% of youth had no or fewer than five disciplinary referrals at school.



94% of youth reported improved communication and positive interactions with family members.



100% of youth remained free of substantiated child abuse and neglect.



97% of youth had no law violations while enrolled in the program.

**Amount Received:**  
\$48,500.00

**Individuals Served:**  
39



## Rainbow House

### Children's Emergency Shelter & Parenting Class Program



1611 Towne Drive  
Columbia, MO 65202  
(573) 474-6600  
[www.rainbowhousecolumbia.org](http://www.rainbowhousecolumbia.org)

The Children's Emergency Shelter provides respite care and emergency shelter services for children. The shelter provides children a safe place in order to prevent or remove them from situations of abuse or neglect. Counseling and wellness groups are provided for children and families to address and prevent abuse and neglect. The Parenting Class Program provides parenting skills education to at-risk parents and families to diminish child abuse and neglect.

#### Services Provided:

- Out of home respite care - child
- Individual therapy - child
- Positive youth development
- Social/emotional and developmental screening
- Public awareness/education
- Parenting skills training

#### Children's Emergency Shelter Outcomes:



96% of parents who utilized respite services reported a decrease in stress.



100% of children/youth who received therapy demonstrated a decrease in mental health symptoms.



100% of children/youth reported learning one new method of maintaining emotional health and positive coping skills.



11 children were screened for developmental delays with 72% demonstrating improvement in developmental skills.

#### Parenting Class Outcomes:



75% of participants completed the parenting class.



75% of participants reported an increase in parenting skills knowledge after completing the class.



75% of participants reported an increase in knowledge in stress and anger management skills after completing the class.

**Amount Received:**  
\$64,019.24

**Individuals Served:**  
126

**Amount Received:**  
\$531.25

**Individuals Served:**  
9



## Rainbow House

### Homeless Youth & Outreach Programs



1611 Towne Drive  
Columbia, MO 65202  
(573) 474-6600  
[www.rainbowhousecolumbia.org](http://www.rainbowhousecolumbia.org)

The Homeless Youth Shelter provided temporary shelter for unaccompanied youth while also providing services that address basic needs, deliver case management and teach life skills. The program is no longer in operation. The Homeless Youth Outreach Team identifies youth ages 12-19 who are homeless or at-risk for homelessness and conducts a needs assessment of homeless youth to provide a foundation to effectively address youth homelessness in Boone County.

#### Services Provided:

- 24-hour emergency shelter
- Individual therapy - child
- Case management
- Clinical case management
- Positive youth development
- *Transitional shelter*
- Community collaboration
- Community needs assessment
- Street outreach
- Case management

#### Homeless Youth Program Outcomes:



100% of youth were transitioned to a stable living environment, whether that was back home, an alternative facility or to independent living.\*



100% of youth reported improved mental health symptoms and an increase in coping skills.



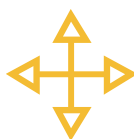
100% of youth developed goals to improve education, employment, safety, well-being and establish stable housing.

\*Federal funding was awarded to other Missouri regions which forced the closing of scattered-site apartments for youth. Rainbow House successfully transitioned youth to stable housing.

**Amount Received:**  
\$11,595.18

**Individuals Served:**  
4

#### Homeless Youth Outreach Program Outcomes:



100% of youth contacted through street outreach were connected with services to address their immediate need within 24 hours.



80% of youth completed the Transition Age Youth-Vulnerability Index-Service Prioritization Decision Assistance Tool (TAY-VI-SPDAT) which provides a better understanding of supports needed for youth.



80% of youth completed an assessment to determine behaviors and competencies youth need to achieve their long-term goals.



100% of youth created a service plan to address areas of concern.

**Amount Received:**  
\$2,497.36

**Individuals Served:**  
15

## Sustainable Farms

### *Access to Healthy Food (AHF)*



The program provides financial match for SNAP and WIC participants at the Columbia Farmer's Market. The goal of the program is for voucher users to experience lower rates of stress related to food insecurity and for one or more family members to experience the benefit of changes in health status attributed to their access to fresh, local products from the farmers market.

#### **Services Provided:**

- SNAP/WIC matching
- Professional services

P.O. Box 1092  
Columbia, MO 65205  
(573) 777-2824  
[www.sfandc.org](http://www.sfandc.org)



#### **Program Outcomes:**



68% of participants used the Columbia Farmers Market at least twice a month.



47% of surveyed participants reported health benefits after they entered the program and shopped at the Columbia Farmers Market.



100% of Saturday market days had at least one person at the AHF enrollment booth.



8 volunteers and interns were trained to assist with AHF program operations.

**Amount Received:**  
\$36,935.75

**Individuals Served:**  
684

## University of Missouri - Family Access Center of Excellence

*Family Access Center of Excellence (FACE)*



FACE provides coordinated, transparent, and collaborative mental health services for social, emotional, and behavioral concerns for Boone County youth (0-19) and their families. The goal is to improve access to quality mental health services. FACE also provides training opportunities for mental health professionals.

### Services Provided:

- Provide single point entry to access services
- Evidence-based engagement practices
- Developmentally responsive assessments
- Case management
- On-going progress monitoring
- Strategic prevention and intervention plans
- Evidence-based practice training

105 E. Ash Street, Suite 100  
Columbia, MO 65203  
(573) 771-3223  
[www.faceofboonecounty.org](http://www.faceofboonecounty.org)

### Program Outcomes:



403 families were referred to FACE with 223 families assessed and/or engaged in services.



On a scale of 1-10, the severity of a family's top problem rating decreased, on average, from 8.69 to 6.82 over a four week period.



45% of outreach efforts are focused on Boone County communities outside Columbia.

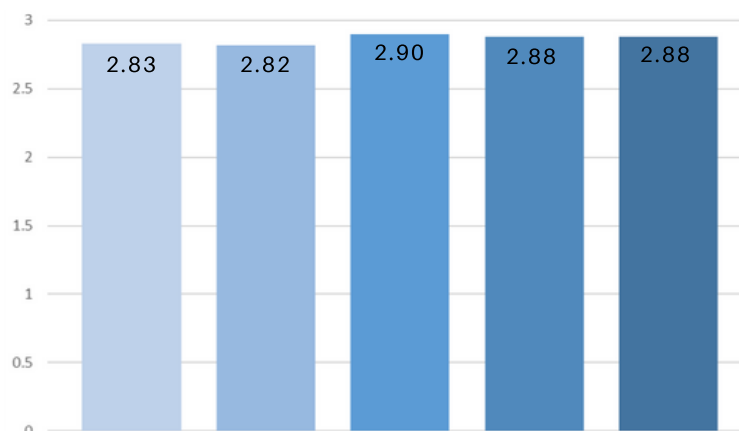


5,153 individuals have been reached through 207 outreach events to improve access to services.



FACE assumed leadership of the Look Around Boone campaign which aims to reduce mental health stigma and increase awareness and help-seeking behavior. All Boone County students have been reached by campaign messaging.

### Average Family Satisfaction Ratings



- Did you get the services you think you needed?
- Were the services you received the right approach for helping you?
- If a friend were in need of similar help, would you recommend FACE services?
- If you were to seek help again, would you seek help from FACE?
- Was meeting at this location convenient for you?



**Amount Received:**  
\$1,050,908.18

**Individuals Reached:**  
28,791





Physical and mental health can't be separated. Poor physical health can lead to an increased risk of developing mental problems. Similarly, poor mental health can negatively impact physical health, leading to an increased risk of some conditions. Treatment must be sought to ensure optimal physical and mental health.

Physical and mental health issues can affect anyone regardless of culture, race, ethnicity, gender or sexual orientation. Some individuals don't necessarily look sick, especially if their symptoms are mild, while others may show more explicit symptoms. Each illness may alter an individual's thoughts, feelings and/or behaviors in distinct ways.

**20%** of youth ages 13-18 live with a mental health condition.

The Boone County Community Services Department funded nine programs to provide physical and mental health treatment to children, youth, parents, families and adults. These services include but are not limited to individual therapy, group therapy, family therapy, health assessments, dental exams and treatment, substance abuse counseling, interventions, case management and psychotherapy. These types of treatment will lead to more physically and mentally healthy Boone County citizens.

## TREATMENT PROGRAMS

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# 9 TREATMENT PROGRAMS FUNDED

Programs provide physical and mental health treatment to children, youth, parents, families and adults.

1,890

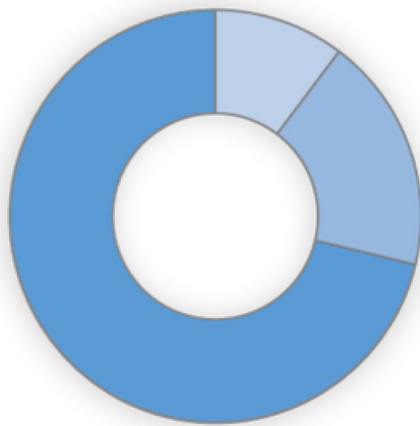
City of Columbia residents served

201

residents outside Columbia city limits served

## Total Program Funding

\$894,249.19



- Training & Development (10%)
- Supportive Services (19%)
- Health & Medical (71%)



255

individuals received a behavioral health assessment



668

individuals participated in therapy and/or psychiatric services



2,534

hours of case management provided



171

individuals were trained in evidence-based and best practices

## 4 Things Parents Can Do:

Talk with your pediatrician

Get a referral to a mental health specialist (contact FACE)

Work with the school

Connect with other families

# TREATMENT

## Burrell Behavioral Health, Inc.

### Family Health Program



**BURRELL**  
BEHAVIORAL HEALTH

3401 Berrywood Drive, Suite 300  
Columbia, MO 65201  
(573) 777-8300  
www.burrellcenter.com

The Family Health Program provides services for underserved clients that are 19 or younger who have behavioral health issues and their families. The goal of the program is to improve mental and behavioral functioning, daily living skills and academic performance.

#### Services Provided:

- Behavioral health assessment
- Case management
- *Family therapy*
- *Individual therapy - child*
- *Psychiatric treatment*

#### Client Success Story:

"The support from staff at Burrell was excellent. They not only helped with our daughter's significant issues with anxiety and depression but they helped work with us as parents to understand this confusing situation. Without that support we would not have been able to grow as parents and evolve to provide the support our daughter needs and will need. Mental illness is as real as any medical issue and Burrell helped us learn what we can do to best support our daughter as she faces these challenges." - Family Health Program Parent



#### Program Outcomes:



29 individuals received a behavioral health assessment and received diagnostic conclusions, recommendations for evidence-based treatment and referrals to appropriate providers.



100% of individuals attended their first treatment session following an assessment.



75% of clients improved in symptoms related to depression and anxiety.



64% of clients improved their ability to use healthy coping skills in response to critical situations.



50% of clients reported improved relationships with family members.

**Amount Received:**  
\$152,105.72

**Individuals Served:**  
92



# TREATMENT

## Compass Health, Inc.

### Comprehensive Health Care Solutions



Compass Health  
Network

117 North Garth  
Columbia, MO 65203  
(573) 449-2581  
<http://compasshealthnetwork.org>

The program provides comprehensive, multi-faceted behavioral health care interventions for underserved and uninsured residents in Boone County. The program provides both individual and family counseling services, psychiatry and medication management to those who are referred by community agencies.

#### Services Provided:

- Mental health counseling services (individual)
- Mental health counseling services (family)
- Psychiatry services including medication management
- Onsite assessment, evaluation, brief clinical intervention and care coordination

#### Program Outcomes:



100% of clients continued treatment following their initial mental health assessment.



67% of clients reported improvement in overall health and wellness.



67% of clients reported a reduction in mental health and psychiatric symptoms.



86% of clients reported improvement in areas of daily living.

#### Client Quotes:

"I enjoy coming to Compass for my counseling needs."

"Getting in to see my therapist is always pretty easy to do."

"Since coming to therapy I've noticed a lot of good changes in myself."

"I'm so thankful for the things Family Counseling Center/Compass Health offers for me & my family."

**Amount Received:**  
\$52,106.38

**Individuals Served:**  
105

# TREATMENT

## Coyote Hill Christian Children's Home

### *Equine-Assisted Psychotherapy (EAP)*



The equine program is a vital part of serving children at Coyote Hill. The program is able to reach children and teens through conventional equine recreational activities, and therapeutically by using the effective and clinically proven intervention of Equine-Assisted Psychotherapy. Some vocational skills training is also part of the youth experience while engaged with the equine at the arena.

9501 W Coyote Hill Road  
Harrisburg, MO 65256  
(573) 874-0179  
<https://coyotehill.org>

#### Client Success Story:

"This is one of the most educational things the children can do. Not only do they learn about the work involved in implementing a lesson, but for this rare moment in time, they're allowed to teach an adult, instead of being the one who is taught. It reveals their own areas of growth they need to work on, and areas that they excel in. (I didn't know I had so many natural born teachers at my barn!) This is also a great learning experience for the staff. I, as an instructor, was able to see what information the kids are retaining, as well as their perception of my teaching. The staff members also got to see for themselves what happens at Overton Arena each day and the therapeutic value of our horses."

Coyote Hill Christian Children's Home Staff



#### Program Outcomes:



51 children residing at Coyote Hill and 24 Boone County residents benefited from equine therapy.



The vocational skills program teaches youth how to work as a team and provides opportunity to earn extra money.



Children practice the skills of self-control and building relationships through equine therapy.



Equine therapy helps develop balance, flexibility, muscle control and coordination.

**Amount Received:**  
\$15,792.15

**Individuals Served:**  
75

# TREATMENT

## Family Health Center of Boone County

### Boone County Emergency Dental Referral Program



**Family Health Center**

Health and Care. Within Reach.

Family Dental Center  
1101 N. Providence Road  
Columbia, MO 65203  
(573) 777-8997  
<https://www.fhcmo.org/>

The program provides acute dental needs and preventative dental care with the goal of preventing subsequent avoidable ER visits to realize cost savings.

#### Services Provided:

- Limited oral exam
- Intra-oral periapical x-ray
- Non-surgical extraction/basic dental service
- Emergency room referral of dental patients to Family Dental Center

#### Program Outcomes:



207 individuals received a limited oral exam and treatment plan.



92% of patients had their dental pathology stabilized as a result of their non-surgical extraction/basic dental service.



94% of patients had their dental pain alleviated as a result of their non-surgical extraction/basic dental service.



100% of patients received oral health education regarding routine prevention and oral health practice.



**Amount Received:**  
\$67,561.00

**Individuals Served:**  
749



# TREATMENT

## Great Circle

### Early Assessment and Intervention Services for Outcomes Now (EAIS-ON)



EAIS-ON provides prevention services for Boone County children and families prior to abuse, neglect and/or traumatizing removal of a child from their home. The goal is to prevent child abuse and neglect, improve parent-child relationships and reduce out-of-home placement.

#### Services Provided:

- Individual therapy - child
- Individual therapy - adult
- Family therapy
- Behavioral health assessment
- Substance use disorder assessment
- Individual therapy - adult and child (substance use disorder treatment)
- Case management
- Clinical case management
- Home visiting
- Evidence-based practice training

409 Vandiver, Bldg 6, Suite 102  
Columbia, MO 65202  
(573) 442-8331  
[www.greatcircle.org/index.php/impact/central-region](http://www.greatcircle.org/index.php/impact/central-region)

#### Client Success Story:

"EAIS-ON has been an amazing support team to my family and to me. My family was referred to EAIS-ON due to life obstacles. [Staff] reached out to us to get services started, explained case management and explained to me that she is here for my family and for me. She helped me get before school services for my children, so I could get to my job on time. Additionally, she assisted me in getting referrals for school, so I could continue my education.

[Staff] introduced us to our therapist, who has also been an amazing support to our family. She's very down to earth, but also very professional. The team makes you feel like family and are willing to come to your home to provide services, so it is easier to stay consistent with appointments. Two amazing women!

EAIS-ON offers a variety of great services to families in the community. We need more services around Columbia, MO/Boone County area that are affordable. I couldn't be more grateful! They are absolutely an amazing group of people that truly love what they do! Great Circle's EAIS-ON Program rocks!" - Client

#### Program Outcomes:



100% of children remained in their home during the last 12 months.



85% of families successfully completed the EAIS-ON program.



411 hours of therapy services was provided.



4 Great Circle clinicians completed training in evidence-based practices.

**Amount Received:**  
\$49,089.74

**Individuals Served:**  
137

# TREATMENT

## HeartSpace Clinic

### *Technology Enhanced Mental Health*



201 W. Broadway, Bldg 2, Suite F  
Columbia, MO 65203  
(573) 214-0436  
[www.heartspaceclinic.org](http://www.heartspaceclinic.org)

The program offers two types of treatment interventions to adults and children with a history of trauma. HeartMath utilizes assistive technology to provide immediate heart rate variability feedback so clients can practice self-regulation techniques to improve resilience and general health. The Safe and Sound protocol targets auditory sensitivities found in those who have experienced trauma or traumatic stress to improve listening and social engagement behaviors.

#### **Services Provided:**

- Best practices training
- Computer-assisted intervention (HeartMath)
- Computer-assisted intervention (Safe and Sound Protocol)
- Behavioral health screening

#### **Program Outcomes:**



100% of clients with pre-/post-test HeartMath scores showed improvement in at least mood or behavior.



66% of adults with pre-/post-test HeartMath scores reported improved ability in self regulation.



50% of children with pre-/post-test Safe and Sound Protocol scores improved in anxiety and mood.



100% of clients received behavioral health screenings.

#### **Client Success Story:**

"My son responded wonderfully to Safe and Sound. He has a history of trauma and abuse in the developmental years, and as a result has Post-Traumatic Stress Disorder. Since participating in Safe and Sound he has not started back on his ADHD medication. We have had significant improvements in school. His body remains relaxed and his cognition and communication continues to improve. We have seen life-changing results from our Safe and Sound experience."



**Amount Received:**  
\$15,351.00

**Individuals Served:**  
31

# TREATMENT

## Phoenix Health Programs

### *Substance Abuse Treatment*



Phoenix Health Programs

90 E Leslie Lane  
Columbia, MO 65202  
(573) 875-8880  
<http://phoenixhealthprograms.com>

The goals of the program are to improve the health and quality of lives of individuals impacted by alcohol and other drug use disorders through improved access to treatment and community collaboration.

#### **Services Provided:**

- Outpatient substance abuse counseling

#### **Client Success Story:**

"I think the most important lesson Phoenix taught me was that when life presents me with something uncomfortable, I don't have to instinctively go toward drugs, that there are other tools to use. I can begin by communicating with another human being about what I'm feeling. Because I can feel today I am able to trust myself and others. My wife trusts me more. My kids look up to me today. I'm just a better person because of the help I got at Phoenix Programs. My kids say, 'We have a new dad!' There at Phoenix Programs you all looked into me and found the things I specifically needed. You helped me most in that personal way. My counselor was completely open and honest and was there for me when I needed it. My counselor let me know I didn't have to keep going down that same road and with Phoenix's help I have truly found a new way to live." - Phoenix client

"All of the groups were extremely helpful in the rehabilitation and recovery process. Never once have I left a session without a positive thought or feeling that I could turn into action concerning recovery from a problem that I was dealing with or facing." - Phoenix client

#### **Program Outcomes:**



42% of participants reported using alcohol in the prior 30 days at intake but decreased to 25% at the six month follow-up.



67% of participants reported using illicit drugs in the prior 30 days at intake but decreased to 41% at the six month follow-up.



13% of participants reported attending self-help groups at intake and increased to 56% at the six month follow-up.



1,160 hours of individual outpatient substance abuse counseling was provided in 2018.

**Amount Received:**  
\$63,707.20

**Individuals Served:**  
43



# TREATMENT

## Public Administrator of Boone County

### Public Administrator's Dental and Eye Care for Adults



The program provides dental and eye care to clients of the Boone County Public Administrator.

#### Services Provided:

- Dental treatment
- Eye glasses replacement

(573) 886-4190

[www.showmeboone.com/publicadmin/](http://www.showmeboone.com/publicadmin/)

#### Program Outcomes:



2 clients received new dentures in 2018.



Clients' outer appearance and ability to chew their food was improved by receiving dentures.



Medicaid continues to provide dental assistance for cleanings, fillings and extractions.



No requests were made in 2018 for eyeglasses.



**Amount Received:**  
\$2,600.00

**Individuals Served:**  
2

# TREATMENT

## University of Missouri - Psychological Services Clinic

### MU Center for Evidence-Based Youth Mental Health



Center for Evidence-Based Youth Mental Health  
Psychological Services Clinic

211 South 8th Street  
Columbia, MO 65201  
(573) 882-4677  
<https://psychology.missouri.edu/psychological-services-clinic>

The program provides evidence-based assessment and treatment for children, adolescents and their families for a variety of emotional and behavioral difficulties. Multi-Systemic Therapy (MST), is an intensive family- and community-based treatment, for youth and their families who are referred by the Boone County Juvenile Office.

#### Services Provided:

- Behavioral health assessment
- Individual therapy - child
- Family therapy
- Group therapy - child
- Evidence-based practice training

#### Client Success Story:

"Recently, one of our child clients disclosed their history of sexual abuse victimization for the very first time to their therapist. The therapist was able to provide trauma-informed care. The client is now in a safe living situation and doing much better." - MU Psychological Services Clinic staff

"Alex, who was out of school for almost a semester, is now back in school, regularly attending tutoring and getting a B in one of the hardest classes." - Client

"Shawn didn't have friends before, but is now involved in community activities, plays basketball and is earning A's and B's even after transitioning to a new school and caregiver." - Client

"Our therapist was amazing! We could not have had a better therapist for Ali! The therapist truly helped our child learn & process through a most traumatic time in their life in a way that helped Ali to become stronger and more confident. Ali has taken every tool the therapist has given them and stored them in their mental toolbox. Ali said they are sorry to see their therapy end." - Client

#### Program Outcomes:



120 individuals received a behavioral health assessment including diagnostic conclusions, recommendations for treatment and referrals to appropriate providers.



90% of families followed up with referral recommendations based on their behavioral health assessment feedback.



92% of youth reported improvement at the end of treatment in mental health symptoms.



77% of youth participating in MST demonstrated moderate to substantial improvement in caregiver-reported problem behaviors.



164 mental health providers received training in evidence based practices.

**Amount Received:**  
\$475,936.00

**Individuals Served:**  
429



# COMMUNITY SUPPORT & BASIC NEEDS PROGRAMS

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Community support and basic needs are essential for individuals and families who are impacted by the daily stress, struggles and chaos of life. We all have certain basic human needs such as food, water, housing, health and safety, but sometimes support is needed. Having basic needs met can be a strong motivator of behavior. The primary objective of community support and basic needs is to help individuals and families meet these needs by providing resources.

The Boone County Community Services Department has partnered with nine different organizations to provide community support and basic needs to the citizens of Boone County. These services include, but are not limited to, services that: alleviate hunger, provide emergency shelter and housing, provide transportation, allow individuals to live independently, provide safety for victims of domestic and sexual violence, offer advocacy and support for children, provide services for individuals for independent living, assist with co-payments for prescriptions and medical services and a multitude of other items.

When individuals are supported within the community, it has a lasting, positive impact and benefits society as a whole.





# 9 COMMUNITY SUPPORT AND BASIC NEEDS PROGRAMS FUNDED

The primary objective of community support and basic needs is to help individuals and families meet these needs by providing resources.

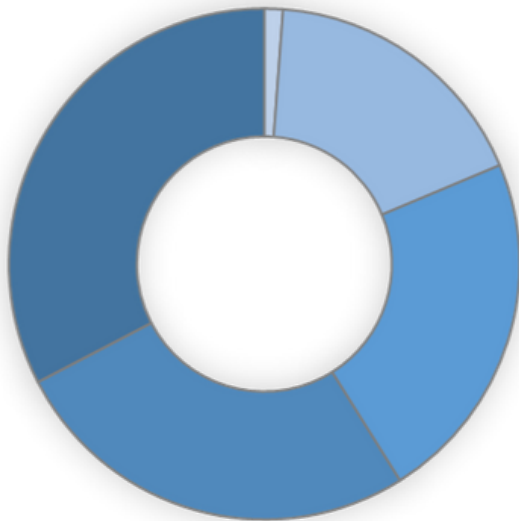
23,320 2,981

City of Columbia  
residents served

residents outside  
Columbia city  
limits served

## Total Program Funding

\$352,468.12



- Income Support & Employment (1%)
- Health & Medical (18%)
- Community Advancement (22%)
- Basic Needs (26%)
- Supportive Services (33%)



1,442

individuals were  
provided a safe  
shelter and/or  
housing assistance



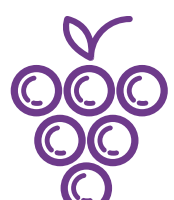
352

rides purchased to  
access health care  
services



26,396

individuals helped  
in order to meet  
their basic needs



3,610,663

total pounds of food  
was distributed at  
the Central Pantry

## Burrell Behavioral Health, Inc.

### SSI/SSDI Outreach, Access and Recovery (SOAR)



1805 E. Walnut  
Columbia, MO 65203  
(573) 777-7500  
<http://www.burrellcenter.com>

The program's goal is to increase access to SSI/SSDI and Medicaid/Medicare for eligible adults who are homeless or at risk of homelessness and have a mental illness and other co-occurring disorders.

**Amount Received:**  
\$48,092.37

**Individuals Served:**  
47

#### Program Outcomes:



The SOAR Coordinator received 47 referrals in the past year. Majority of referrals were made by the Functional Zero Task Force which meets to case conference for individuals experiencing homelessness. Additional referrals were from the Boone County Jail and Burrell case managers.



22 individuals completed the initial paperwork for the program and 10 were submitted to the Social Security Administration (SSA) for decision.



Two were approved for SSI/SSDI benefits with two still pending decisions by SSA.

## Central Missouri Community Action (CMCA)

### Transportation Project



800 N Providence  
Columbia, MO 65202  
(573) 443-1100  
<http://www.showmeaction.org>

CMCA utilizes funds to coordinate the most reasonable, cost-effective transportation to access services when no other means of transportation are available.

**Amount Received:**  
\$8,917.74

**Individuals Served:**  
49

#### Program Outcomes:



246 rides were coordinated to meet transportation needs. The most requested need is transportation to medical/mental health appointments.



76% of participants surveyed reported being satisfied or completely satisfied with transportation services.

## Columbia/Boone County Department of Public Health and Human Services

### *Live Well Boone County*



1005 West Worley Street  
Columbia, MO 65203  
(573) 874-7355  
[www.como.gov/health](http://www.como.gov/health)

The program provides services to encourage eating healthy and being physically active. The program also supports the Look Around Campaign to raise awareness about the importance of mental health. The goals of the program are to improve our community's ability to access and utilize comprehensive health services; and prevent suicide, underage drinking, misuse of prescription drugs and use of illegal drugs.

#### **Services Provided:**

- Live Well health promotion intervention
- Behavioral health awareness campaign on suicide prevention and substance use



#### **Program Outcomes:**



100% of Boone County students were reached through the Look Around Boone campaign. FACE assumed the campaign in July 2018.



At least 16,141 individuals were exposed to Look Around Boone campaign messages through social media and advertising.



78% of participants of a health education program experienced weight loss.



17% of participants had a normal blood pressure range compared to 11% at the beginning of a health education program.

**Amount Received:**  
\$84,760.77

**Individuals Served:**  
387



## The Food Bank for Central and Northeast Missouri, Inc.

### Central Pantry



The Central Pantry provides food and groceries to those in need in Boone County.

#### Services Provided:

- Distribution of emergency grocery items

Central Pantry  
1007 Big Bear Boulevard  
Columbia, MO 65202  
(573) 874-7848  
<http://sharefoodbringhope.org/central-pantry>

#### Program Outcomes:



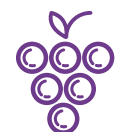
There was a 2% increase of clients responding "Often True" to the statement, "In the last three months, the food we bought often didn't last and we didn't have the money to get more."



The Central Pantry distributed 11% more nutritious foods compared to the previous year.



3,610,663 pounds of food were distributed at the Central Pantry.



51% of food distributed in Ashland through the Mobile Pantry was fresh produce.



The Central Pantry surveyed participants through their Listen for Good initiative and received the following feedback:

93% of participants stated they were always or mostly treated fairly by Central Pantry staff.

92% of participants stated they were always or mostly treated with respect by Central Pantry staff.

**Amount Received:**  
\$50,000.00

**Individuals Served:**  
22,921

## The Salvation Army

### Salvation Army Harbor House



DOING THE  
MOST GOOD®

Harbor House provides shelter to improve the well-being, personal safety and the physical, mental and emotional health of homeless adults and families.

#### Services Provided:

- Emergency Shelter with Meals

602 N Ann Street  
Columbia, MO 65201  
(573) 442-3229  
<https://www.rocktheredkettle.com.org/provide-shelter>

#### Client Success Story:

"A few years ago Janine's life turned upside down when she was struck with several medical conditions, doctor's appointments, medications and having to miss work, Janine found herself not only losing her health, but her job, home and car.

When she got to Harbor House she was very frightened, very scared. She had never been homeless before and as she says, 'Columbia doesn't come with a handbook on "How to be Homeless in CoMo"'.

Janine praises the staff. 'The Harbor House staff has been exceptionally good for me and to me. When I came in they had to learn a lot about how to help me. With my medical condition I can't eat like normal people. They provided me with milk and protein drinks to maintain my weight and have followed the doctor's guidelines. They helped with bus passes so that I can go to Ellis Fischel Cancer Center to get my infusion of iron.'

After being on the waiting list for Section 8 Housing, a place came open for Janine in Jefferson City. Several months after leaving Harbor House, Janine came by The Salvation Army Columbia Corps and she shared with staff that she is so happy with her new life and all The Salvation Army had done for her, and she confirmed her statement. 'I am a success story.'" - Harbor House staff

#### Program Outcomes:



441 individuals were housed safely at least one night.



17,625 bed nights were provided.



100% of individuals were served a meal each night.



66 children/youth (with an adult) were housed safely at least one night.

**Amount Received:**  
\$50,000.00

**Individuals Served:**  
441

## Services for Independent Living (SIL)

### Senior Connect



SIL provides services for seniors that include: food delivery, friendly visiting, home repair, lawn care and case management. The goal of the program is to help low-income seniors live independently, make homes safe and alleviate isolation/depression while improving overall quality of life and health.

#### Services Provided:

- Home maintenance (lawn mowing, leaf raking, snow shoveling and one-time projects)
- Case management
- Carrier Alert
- Property tax credit preparation filing
- Food pantry delivery and grocery shopping
- Friendly visiting

1401 Hathman Place  
Columbia, MO 65201  
(573) 874-1646  
<http://www.silcolumbia.org/>

#### Program Outcomes:



90% of seniors reported that social support services impact their ability to live independently in their own home and community.



79% of seniors reported lower feelings of isolation.



88% of seniors reported an improved quality of life as a result of SIL services.



261 seniors had SIL file their 2017 Property Tax Credit.



85% of seniors receiving home maintenance services reported feeling safer in their home.

#### Client Success Story:

"Barbara has been a consumer of Services for Independent Living for over ten years. In that time, she has utilized many services that have helped her remain independent, including Transportation, Access Services, and Senior Connect.

Barbara is currently utilizing all the programs in Senior Connect—Case Management, Service Coordination, Friendly Visiting, Food Panty Delivery, Grocery Shopping Assistance, Home Maintenance and Lawn Care. These services have increased her quality of life, reduced her social isolation, and, most importantly, have kept her independent in her home.

In 2018 Barbara was able to finish paying off her home. When asked about it, she simply said, "I never thought I could do that!" She takes pride in her independence and being able to stay in her own home. Barbara remembers years of struggling with finances, homelessness, abuse, and alcoholism. This past December marks 16 years that Barbara has been sober and she could not be happier about it. Barbara is very appreciative of SIL services for keeping her in the home that she loves." - SIL staff

**Amount Received:**  
\$41,158.53

**Individuals Served:**  
345



## True North of Columbia



P.O. Box 1367  
Columbia, MO 65205  
(573) 875-0503  
Crisis Line: (573) 875-1370  
<http://truenorthofcolumbia.org/>

True North provides victims of domestic and sexual violence with safe housing, advocacy and support. This may include systematic arrest, prosecution and sentencing of abusers, effective civil protection via Ex Parte Order of Protection, counseling and education groups, systems and cooperation via written protocols within and among community agencies and participation by and accountability to the victim advocacy groups.



### Program Outcomes:



2,164 referrals were made for medical, psychological, financial, educational, vocational, child care or legal services.



153 children were served through the shelter, transitional living and non-residential programs.



15% of individuals served were males.



77% of individuals reported experiencing domestic violence or sexual abuse.

**Amount Received:**  
\$25,941.83

**Individuals Served:**  
761

## University of Missouri - Adult Day Connection

### Adult Day Scholarship Program for Individuals Living in Boone County



1307 Clark Hall  
Columbia, MO 65211  
(573) 882-7070  
www.adulthoodconnection.com

The program provides social enrichment and care through exercise, activities, meals and nursing visits for elderly and/or adults with disabilities. The goal is for individuals with limited income to remain at home longer and demonstrate higher life satisfaction. Caregivers of the participants also report less stress and higher life satisfaction.

#### Services Provided:

- Adult day health care (respite) which includes meals, nursing visits, exercise and activities
- Transportation to and from the center from the participants' home (within 15 miles)

#### Program Outcomes:



86% of caregivers reported their loved one increased or maintained well-being after attending Adult Day Connection (ADC).



93% of caregivers reported decreased stress related to care giving.



22 participants received transportation services.



100% of individuals surveyed reported transportation services increased ADC attendance.

#### Client Success Story:

Maria started using one day each week from another respite funding source, but she needed more days in order to continue to live at home. The generous funding from Boone County's Community Health/Medical Fund allowed Maria to attend each day of the week.

Maria continues to have health difficulty with uncontrolled diabetes. The nurses at ADC are able to test Maria's blood sugar and provide these readings to her physician.

Maria is often heard telling others, "I love this place, I love the people here." - ADC staff



**Amount Received:**  
\$9,596.88

**Individuals Served:**  
74

## Voluntary Action Center (VAC)

### Basic Needs and Emergency Services



**Voluntary  
Action Center**

the heart of service  
in Boone County

403A Vandiver Drive  
Columbia, MO 65202  
(573) 874-2273  
<http://www.vacmo.org>

The program provides services that specifically address and meet needs for assistance with health, employment, housing and safety for low-income Boone County residents.

#### Services Provided:

- Co-pay assistance for prescriptions, medical visits, eyeglass services and other medical needs
- Rent assistance for homelessness prevention or rapid rehousing
- Uniforms or other clothing for work
- Screening for provision of infant car seats

#### Client Success Story:

"Marcus and Betty came for assistance with Marcus' prescription. He had recently had a brain tumor removed and the cost of prescriptions after was about \$500 every three months. They were in the process of applying for Medicaid and Betty worked extra hours to make up for the sudden medical costs. VAC received a prescription quote of \$118 at one store for two medications. Betty started to quietly cry with the thought of not being able to cover the balance after VAC's assistance. VAC's Social Services Specialist helped to have the prescription transferred to another pharmacy for a better price - \$61.20 - making it possible for the couple to cover the balance after assistance. VAC also provided food as well as hygiene and cleaning supplies as they are living in a motel at the time. A referral was made to the another provider for possible additional help with future prescription costs."  
- VAC staff

#### Program Outcomes:



446 medical and prescription co-pays were paid for those in need.



84 people received assistance with eyeglass services.



240 people received rent assistance for homelessness prevention or rapid rehousing.



206 people were provided work uniforms to obtain/retain employment.



453 fans and air conditions were distributed to prevent people from overheating.

**Amount Received:**  
\$34,000.00

**Individuals Served:**  
1383





# FINANCIAL REPORT

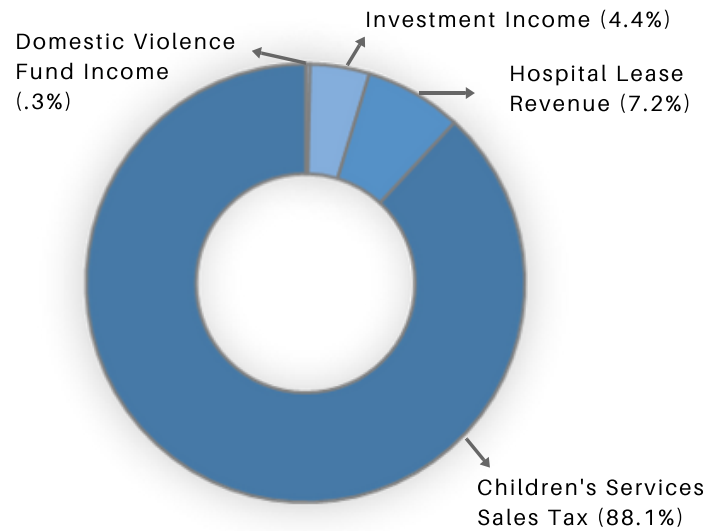
## Revenue

Domestic Violence Fund Income	....	\$25,278
Investment Income	.....	\$331,568
Hospital Lease Revenue	.....	\$545,597
Children's Services Sales Tax	.....	\$6,689,788
<b>Total Revenue</b>	.....	<b>\$7,592,231</b>

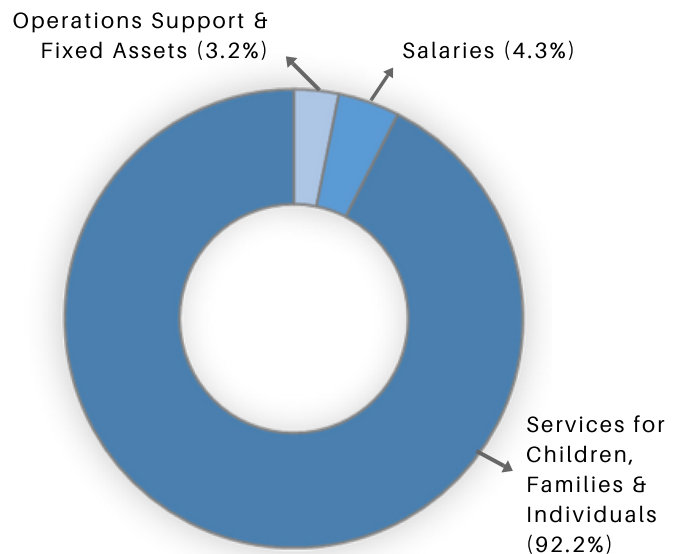
## Expenditures

Operations Support & Fixed Assets	..	\$199,982
Salaries	.....	\$275,001
Services for Children, Families & Individuals		
Strategic Opportunities	.....	\$38,732
Purchase of services contracts	...	\$5,817,474
<b>Total Current Year Expenditures</b>	..	<b>\$6,331,189</b>
Release of Prior Year Encumbrances		(\$1,601,026)
<b>Total Net Expenditures</b>	.....	<b>\$4,730,163</b>

## REVENUE



## EXPENDITURES



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## **Community Services Department Staff:**

Kelly Wallis, Director  
Joanne Nelson, Program Manager  
Kristin Cummins, Program Specialist  
Lauren Schnitzler, Administrative Assistant

## **Boone County Children's Services Board Members**

Les Wagner, Chair  
Gregory Grupe, Vice Chair  
Connie Leipard, Treasurer  
Nancy McKerrow  
Michele Kennett  
Dewey Riehn  
Wiley Miller  
Leigh Spence  
Lynn Barnett

## **Community Health Advisory Council:**

Commissioner Janet Thompson  
Stephanie Browning  
Barbara Weaver  
Jed Angel  
Linda Cooperstock

## **Community Services Department:**

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