

# Boone County Community Services Department

## 2017 Annual Report



**Issued:**  
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## Letter from the Director

I am pleased to present the Boone County Community Services Department 2017 Annual Report. The Community Services Department was established in 2014 and is responsible for the administration of the Children's Services, Community Health, and Domestic Violence Funds for a combined budget of over \$7 million a year.

The Community Services Department funds 53 programs aimed at improving the lives of Boone County residents. Each funded program is required to submit reports semi-annually to demonstrate the impact of the program services on the individual, family, and community. The following pages provide information about each program, including the services provided, the goal of the program, the number of individuals served, the amount of funds received, the impact of the services, and feedback and success stories from beneficiaries.

In 2017, two new programs were funded through a targeted RFP seeking programs to provide prevention services for children aged zero to five. You can learn more about Moberly Area Community College's Boone County Children's Services Fund Quality Child Care Program and University of Missouri Department of Psychiatry's Boone County Early Childhood Coalition in this report. The Children's Services Fund released another targeted RFP focused on serving homeless youth. Rainbow House was selected to organize an outreach team and conduct a needs assessment for homeless youth.

The Boone County Children's Services Board (BCCSB) hosted multiple professional development events offering free continuing education for local providers. The first event featured Dr. Walter Gilliam and his research findings demonstrating implicit bias beginning in early childhood. The community requested a follow-up event regarding local data on disparities and to discuss strategies to address implicit bias. This second event led to the inspiration of the Matters of Social Justice: Journey Toward Inclusive Excellence, which is a series of experiences to help individuals mitigate personal biases and foster change in our community. The Journey Toward Inclusive Excellence runs from January to August 2018.

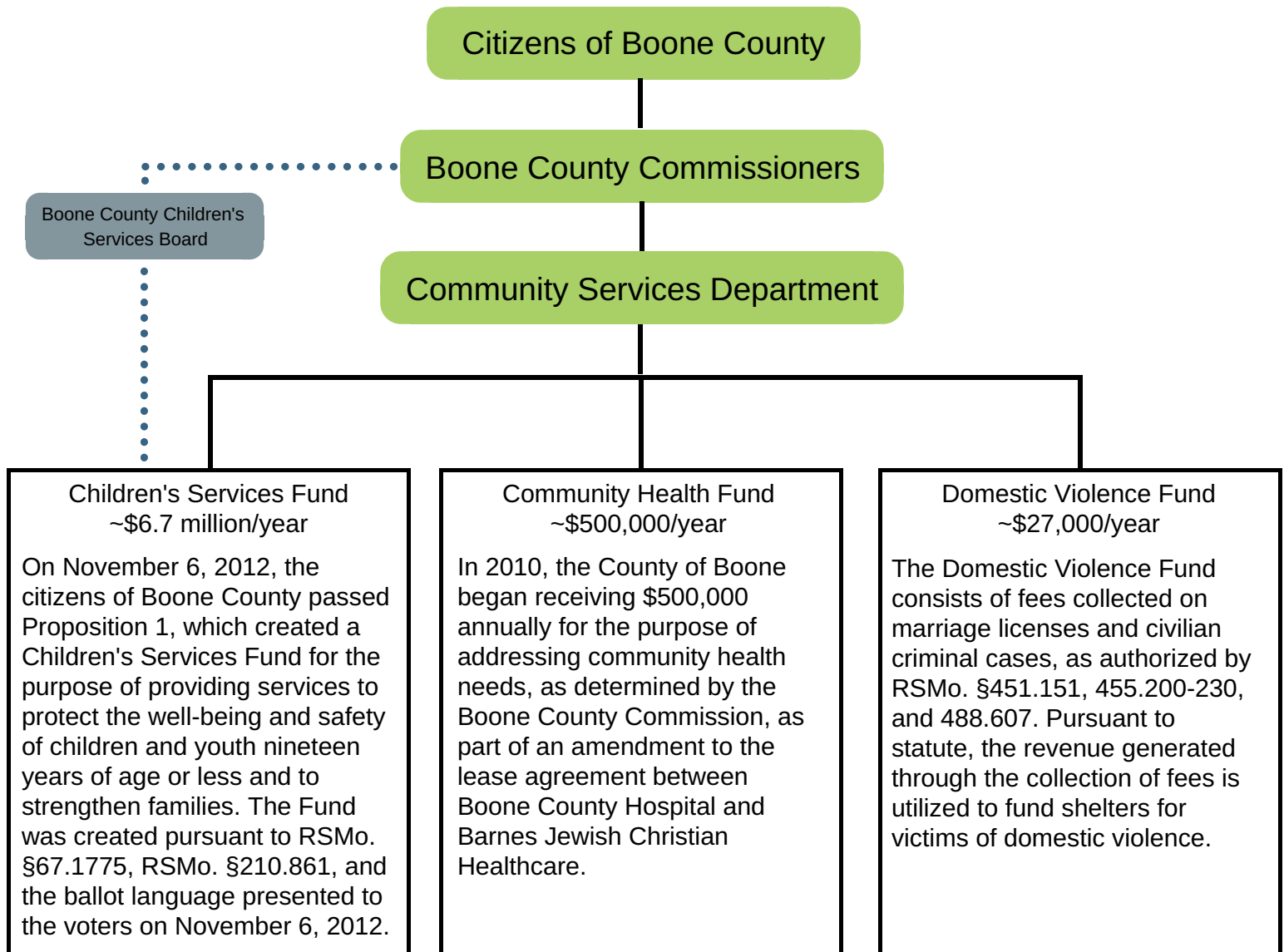
As you will see in the following pages, there are many children, families, and individuals benefitting from the services that are available through the Community Services Department. I want to thank the taxpayers of Boone County who make this possible. Healthy children, families, and individuals contribute to a healthy community. I value the opportunity to serve as the Director of the Community Services Department and am grateful to live in a community that cares about and is responsive to the needs of others.

Sincerely,

Kelly Wallis  
Community Services Director  
Boone County, MO



# Community Services Department Organizational Chart



## Boone County Community Services Mission Statement

*To support the greatest possible level of independence and self-sufficiency of Boone County residents by promoting their physical, mental and social well-being to cultivate a safe and healthy community.*





# Children's Services Fund Overview

On November 6, 2012, the citizens of Boone County passed County of Boone Proposition 1, which created a Children's Services Fund for the purpose of providing services to protect the well-being and safety of children and youth nineteen years of age or less and to strengthen families. The Fund was created pursuant to RSMo. §67.1775, RSMo. §210.861, and the ballot language presented to the voters on November 6, 2012. The Children's Services Fund became effective and the inaugural board was appointed by the Boone County Commission in April of 2013. The board is known as the Boone County Children's Services Board (BCCSB) and is the administrative authority of the Children's Services Fund, which includes establishing the budget and approving appropriations from the fund. The Children's Services Fund generates approximately 6.7 million dollars per year.

## Statutorily Eligible Services

RSMo. §210.861 specifies the types of services that may be funded by the BCCSB; pursuant to statute, funds may be invested in the following services:

- up to thirty days of temporary shelter for abused, neglected, runaway, homeless or emotionally disturbed youth
- respite care services
- unmarried parent services
- outpatient chemical dependency and psychiatric treatment programs
- counseling and related services as a part of transitional living programs
- home-based and community-based family intervention programs
- prevention programs which promote healthy lifestyles among children and youth and strengthen families
- crisis intervention services, inclusive of telephone hotlines
- individual, group, or family professional counseling and therapy services
- psychological evaluations
- mental health screenings

Revenues collected and deposited in the Children's Services Fund may not be expended for inpatient medical, psychiatric, and chemical dependency services, or for transportation services.

## Children's Services Board Mission Statement

To improve the lives of children, youth and families in Boone County by strategically investing in the creation and maintenance of integrated systems that deliver effective and quality services for children and families in need.

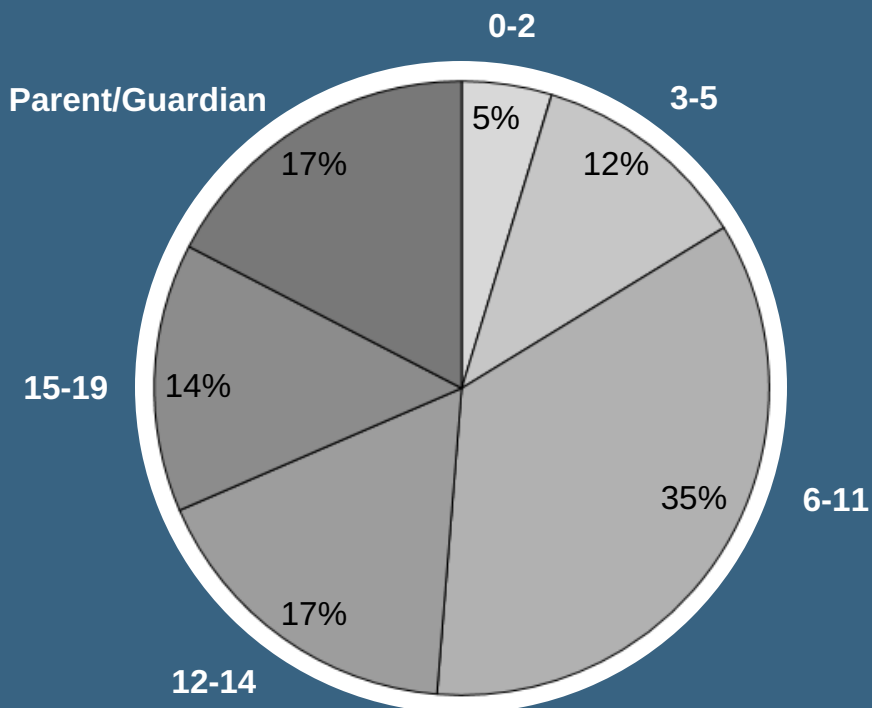
## Children's Services Board Vision Statement

In pursuit of its mission, the Board Members responsible for the Children's Services Fund hold the following core values and have the following vision:

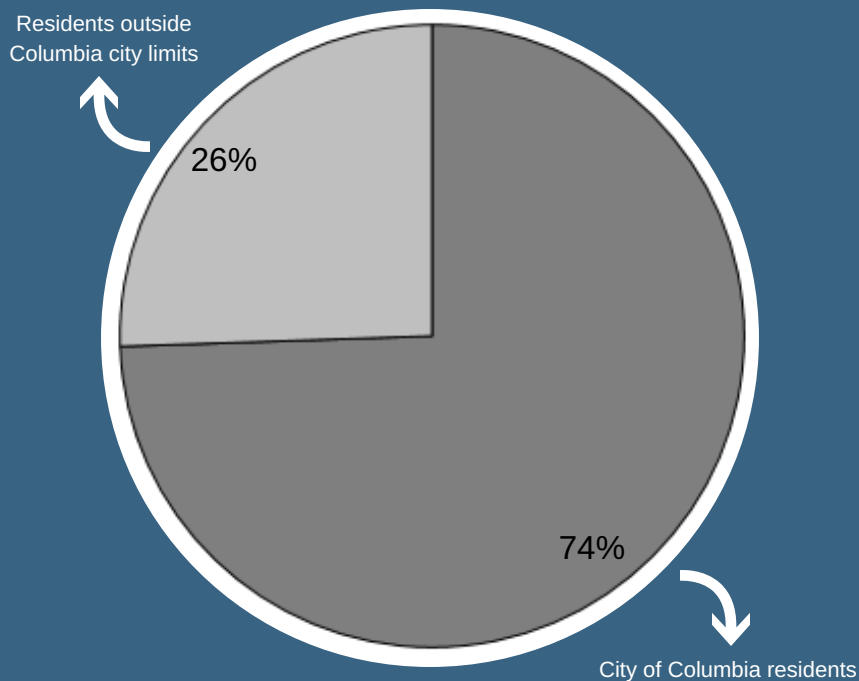
- **Accountability:** The Children's Services Fund will be operated transparently and funds invested wisely to earn and sustain the public's trust.
- **Integrity:** The Children's Services Board Members will act with respect, honesty and transparency.
- **Discipline:** The Children's Services Fund will be used with purpose and focus on efforts to support creation of integrated systems.
- **Adaptability:** The Children's Services Fund will be used flexibly and will be responsive in order to meet the changing needs of our community.

# Children's Services Fund:

## Children's Services Fund: Age Demographics



## Children's Services Fund: Place of Residence



**3,218**

providers, professionals, and  
community members trained

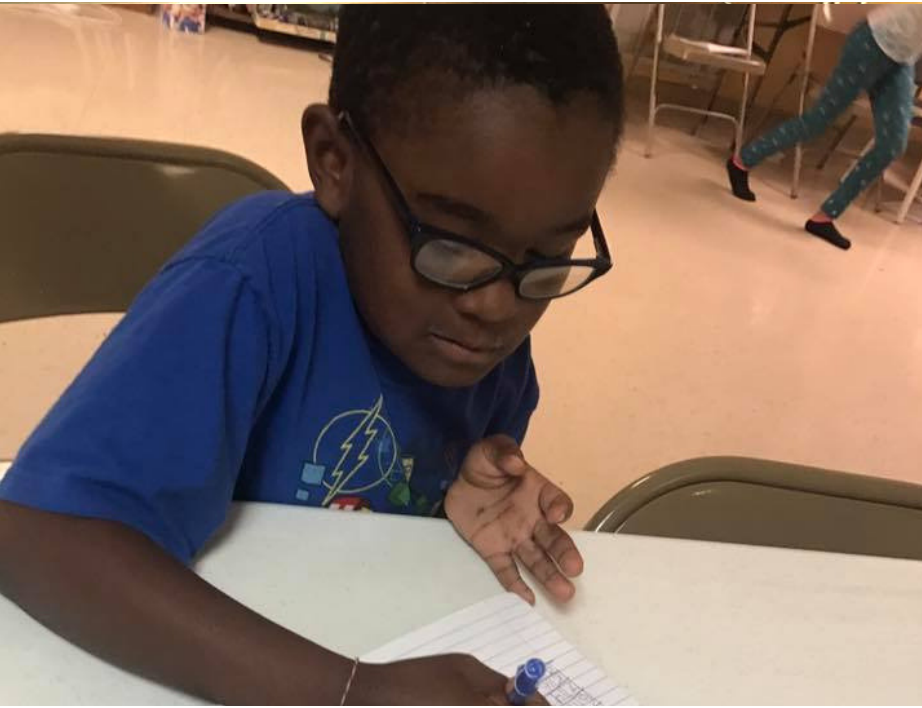


**753**

individuals received home visiting



# 2017 Overview of Services



**1,022**

children attended before/after  
school and summer programming



**11,394**

hours of mentoring



**3,115**

individuals received  
counseling/therapy



**28,111**

individuals were  
screened/assessed



**1,079**

hours of respite



**96**

individuals stayed at a  
temporary shelter



# Children's Services Fund: 2017 Program Overview

## Boys and Girls Clubs of Columbia Area

*Great Futures Start Here*



**BOYS & GIRLS CLUBS**  
OF COLUMBIA

1200 N 7th Street  
Columbia, MO 65201  
(573) 874-1697  
[www.bgc-columbia.org/](http://www.bgc-columbia.org/)

### Program Goal

The goal of the program is for youth to be engaged citizens in the community, practice healthy lifestyle choices, and increase readiness for college, trade school, military, and/or employment upon high school graduation.

### Services Provided:

- Healthy Life Styles Programs (youth 6-18)
- Character and Citizenship Development (youth 6-18)
- Parent engagement and leadership
- Staff development for mental health interventions and wellness training
- Mental Health Resources: On-site Behavior Intervention Team, case management and counseling

### Program Outcomes:



72% of parents reported fewer disruptive behaviors toward adults from their child after receiving mental health services.



75 parents learned new ways to cope with everyday stressors through parent engagement activities.



100% of youth increased their level of physical activity.



363 community service hours were provided by 221 Boys and Girls Club members.



"The Behavioral Health Team facilitated several Mindful Living groups with K-5th graders at the Main Site and at Alpha Hart Lewis Elementary. Members enjoyed participating in activities, such as guided relaxations, breathing exercises, and yoga. Group participants stated that the skills they learned in Mindful Living help them calm down. One participant shared that she used deep breathing to help her with frustrations when her pencil broke during a test. She reported that she was able to use calming breaths to help her be patient while her teacher brought her another pencil. Through Mindful Living, the Behavioral Health Team aspires to teach club members how to cope with difficult emotions and choose safe behaviors." - Boys and Girls Club staff

### Amount Received:

\$247,891.61

### Individuals Served:

864\*

\*Individuals Served may include clients funded through additional program revenue sources



# Children's Services Fund: 2017 Program Overview

## Burrell Behavioral Health, Inc.

### *Brain Train*



#### Program Goal

The program utilizes clinician-supervised computer-assisted feedback training for Boone County children and youth with ADHD, as well as children for whom traditional medication management alone may not be proving effective in improving attention span. The goal is to improve the child's ability to focus on a task and in return, improve academic performance.

#### Services Provided:

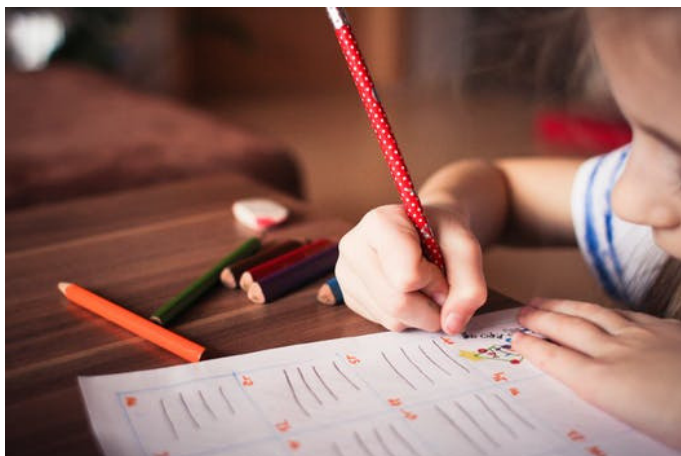
- Clinician-supervised computer-assisted feedback training for children and youth with ADHD

#### Client Feedback:

"Brain training has helped my son more with school and focus. Staff are very nice and welcoming."

"Jared is excellent with [my child]. He has stuck with us for the last 18 months. [My child] has benefited so well over this time that we are now down to one day per week."

"[My child] is much more open/talkative than before he started the program."



#### Program Outcomes\*:



84% of parents indicated that their child was better able to complete school work.



74% of clients showed improvement in three different types of attention deficit diagnosis scales (inattentive, hyperactive-impulsive or combined).



51% of clients improved in areas of daily living from their first to most recent assessment.



63% of clients improved school performance from their first to most recent assessment.

#### Amount Received:

\$117,827.39

#### Individuals Served:

141

\* Outcomes may not be statistically significant due to the low number of time-series assessments completed per number of clients served.

# Children's Services Fund: 2017 Program Overview

## Burrell Behavioral Health, Inc. *Family Health Program*



3401 Berrywood Dr, Suite 300  
Columbia, MO 65201  
(573) 777-8300  
www.burrellcenter.com

### Program Goal

The Family Health Program's goal is to improve mental and behavioral functioning, daily living skills and academic performance. Services are provided for underserved clients that are 19 or younger who have behavioral health issues and their families.

### Services Provided:

- Evaluation/Annual assessment
- Therapy
- Psychiatry
- Nursing services
- Psychiatric case management

### Program Outcomes:



84% of youth have improved or remained stable in grades/attendance.



2,976 hours of psychiatric case management was provided.



9 youth received psychiatric medication management.



300 community members attended an event hosted by Burrell Behavioral Health, Inc. featuring Kevin Hines, a mental health advocate and survivor of jumping from the Golden Gate Bridge.

"I dreaded walking into a public place with my daughter. Inevitably, something wouldn't go right and there would be a tantrum in the store, in the restaurant - even at church. Thanks to your help, I'm back in control - my daughter's back in control - and we both enjoy our outings together." - Client Parent

"We are now exercising regularly and making an effort to eat healthy by following portion control and food groups. I haven't felt hopeless for multiple months now; and mom notices that I'm more happy more often. I'm able to understand what stressed me out and I respond better. Mom and I communicate better." - Client

"We have been so fortunate to have a partnership with Burrell Behavioral Health here at Battle High School. Many of our students suffering from mental health needs are unable to get support due to lack of funding or no insurance. The Family Health Program through Burrell has made such a difference in the lives of so many of our students and their families. These workers go above and beyond to make sure students get to school if they have anxiety; get to their therapist appointments; talk to them at school if they are struggling with a crisis or just need a shoulder to cry on; develop safety plans and provide coping mechanisms. We are truly blessed to work with an agency that truly cares for their client's success and wellbeing."  
- High School Counselor

**Amount Received:**  
\$217,817.56

**Individuals Served:**  
388



# Children's Services Fund: 2017 Program Overview

## Central Missouri Community Action

*Building Resilience through Interdisciplinary, Developmentally  
Guided Engagement (BRIDGE)*



807 N Providence Road  
Columbia, MO 65203  
(573) 443-8706  
[www.showmeaction.org](http://www.showmeaction.org)

### Program Goal

The BRIDGE continues Head Start services for children and families entering kindergarten through third grade. Child Success Plans are created to reach age-level social and emotional competence, improve academic performance, strengthen family functioning and further equip teachers with skills to support children living in poverty.

### Services Provided:

- Child and family success plans
- Mental health status assessments
- Social/Educational activities
- Community service referrals
- Community training events for Head Start participants entering kindergarten



"BRIDGE has helped us understand that there are so many significant events happening in our son's life while he is away from home. This helps us put his time at home in context, to make the best use of it for him and for our family. It also helps us understand behavior that might otherwise seem out-of-the-blue. Communication with his teacher is very important here, and our BRIDGE partner has even observed our son in the classroom to give us further insight." - Parent

"I am loving getting to know the family on a deeper level through the activities and home visits. It is fun to see the family and student in a social situation outside of school. I love the positivity of all the Bridge staff and the trainings have been valuable."  
- BRIDGE Teacher

### Program Outcomes:



47 families that were actively enrolled in BRIDGE had a Child Success Plan and Family Success Plan developed.



90% of children enrolled in BRIDGE had no office referrals at school.



89% of families active in BRIDGE attended at least four BRIDGE activities or utilized community resources.



37 teachers received training to better understand poverty and toxic stress and its impact on child development and behaviors.

### Amount Received:

\$163,769.76

### Individuals Served:

214\*

\*Individuals Served may include clients funded through additional program revenue sources

# Children's Services Fund: 2017 Program Overview

## The Central Missouri Foster Care and Adoption Association (CMFCAA) *Monthly Respite Program*



105 E Ash Street, Suite 101  
Columbia, Missouri 65203  
(573) 476-6039  
www.ccfosteradopt.com

### Program Goal

The Monthly Respite Program's goals are to decrease family stress and disruption, and increase social skills and relationship building for families of caregivers supporting kids in foster care or waiting to be adopted. Children and youth served will be able to label emotions and feelings non-violently in a healthy environment; families will experience a decrease in stress levels.

### Services Provided:

- Monthly respite program that provides meals, games, physical activities and crafts for children between the ages of 4-18 in foster care or waiting to be adopted

### Program Outcomes:



82% of families reported greater ability to manage stress and anxiety related to parenting.



65% of families reported that youth improved their ability to build trust and communication with peers and adults.



90% of families reported that their support system allowed them to manage stress without the threat of disrupting a child's placement in their home.



"Respite has been life giving. Not only does CMFCAA provide time away and fun for our kids, both the staff in the CMFCAA office provide loving support for us. They are very excited when we add a new member to our family and welcome them like we do. They understand what it means and what it takes to be a foster family. When these children leave our home and our hearts need someone to listen and maybe a shoulder to cry on, the staff are right there, listening and supporting us. CMFCAA has helped us more than we could ever imagine. We are truly grateful that CMFCAA is available for us." - Mary (Parent)

**Amount Received:**

\$11,334.40

**Individuals Served:**

168\*

\*Individuals Served may include clients funded through additional program revenue sources

# Children's Services Fund: 2017 Program Overview

## CHA Low-Income Services, Inc.

### *Healthy Home Connections*



**Healthy  
Home  
Connections**

201 Switzler Street  
Columbia, MO 65203  
(573) 443-2556  
www.columbiaha.com

#### **Program Goal**

Families that participate in Healthy Home Connections receive community support services through referrals, mentoring and mental health support for children 0-18 years of age.

#### **Services Provided:**

- Family support services
- Parent engagement
- Community-based mentoring
- Mental health support for children 0-18 years of age

#### **Client Feedback:**

In a Healthy Home Connections (HHC) survey, participants stated that HHC has:

"Helped me with housing and therapy programs for my family."

"Fulfilling my goal that I want to support myself and family."

"It has been a big help with my son."

"Being available to my family when we reach out."

"Giving my husband a job."



#### **Program Outcomes:**



94% of participating households retained housing.



70% of Healthy Home Connection families participating in CHA's Family Self-Sufficiency program increased their income.



98% of children participating in mentoring reported having a special adult in their lives.



99% of children participating in mentoring made improvements based on the matching goals reported by their mentor.



100% of families completed their written treatment plan for mental health support.

#### **Amount Received:**

\$275,115.75

#### **Individuals Served:**

1,064



# Children's Services Fund: 2017 Program Overview

## CHA Low-Income Services, Inc.

### *Moving Ahead After-School and Summer Program (MAP)*



201 Switzler Street  
Columbia, MO 65203  
(573) 443-2556  
www.columbiaha.com

#### Program Goal

MAP provides education enrichment for children and youth of families who participate in CHA Housing Voucher program.

#### Services Provided:

- Youth development
- Parent engagement (training/workshops, community-based events and family group activities)
- Site-based mentoring
- Mental health support (clinical assessment, referral, follow up and staff/parent training)

#### Program Outcomes:



76% of students improved attendance during the school year.



80% of students had improved behavior during the school year.



100% of youth referred to mental and/or behavioral health services utilized services at least one time.



88% of youth improved their mental and/or behavioral health after 12 months of mental health support.



531 hours of site-based mentoring were provided in 2017.



"The MAP for Mental Health Program supports parents and guardians through case management and on site mental health services. One of these parents who has four children, owned her own vehicle, and worked full time, developed a severe medical problem very suddenly. This medical problem caused her to be placed on FMLA because it was not safe for her to continue. After her FMLA expired, her medical issue still hadn't been resolved and she lost her job. Her medical condition made it impossible for her to drive, and since she was unable to drive she sold her car to help support her family. She was feeling completely lost and overwhelmed. MAP staff were there for her to offer on site counseling to help cope with stress of such difficult life changes. MAP also connected her to numerous resources which helped her continue to support her family. She says that while she doesn't have the same type of schedule as when she was working, she now has a new schedule and feels just as in control of her life as she was before her medical issues began." - MAP staff

**Amount Received:**  
\$93,460.57

**Individuals Served:**  
259

\*Individuals Served may include clients funded through additional program revenue sources

# Children's Services Fund: 2017 Program Overview

## CHA Low-Income Services, Inc.

### Youth Community Coalition, Communities that Care (YC2)



**"Communities that Care"**

201 Switzler Street  
Columbia, MO 65203  
(573) 443-2556  
www.columbiaha.com

#### Program Goal

The goal is to establish, support, and continuously build the capacity of local coalitions to advocate for and deliver services which promote strong families and successful youth in Ashland, Centralia, Columbia, Hallsville, Harrisburg and Sturgeon.

#### Services Provided:

- Consult and support local stakeholders to organize community-level prevention
- Train local and regional coalition members
- Promote positive youth development through activities designed to increase protective factors in youth
- Collect and evaluate local data to facilitate planning and measure effectiveness



"Organizing the Hallsville Food Pantry started at our very first meeting with our coalition there in August 2016. Meeting attendees noted an unmet need of hunger for some families in the area and a defunct food closet that could be revitalized with some effort from the community. Fast forward to early 2017 and a strong collaborative effort between Hallsville coalition members, the local faith community, city government, civic organizations, and local agencies had established a partnership with the Food Bank for Central and NE Missouri to deliver food to needy families. In the beginning, the Food Pantry partnered with the Food Bank and used their mobile trucks until they increased their capacity to store and deliver food on their own. The first event took place in February 2017 and by December the Hallsville Food Pantry was running out of their own space in the community with capacity to store and deliver food monthly to all the families that come to the monthly event. The program expanded early on to provide clothing, toys, books, and other needed supplies from local partners so that the families attending the Food Pantry could receive much more than just the extra food they needed each month." - YC2 staff

#### Program Outcomes:



100% of coalition members are involved in identifying and writing the community coalition's prevention plan.



87% of coalition members attended at least six meetings.



At least one evidence-based strategy has been introduced in each community.



385 hours of training were provided to 264 individuals.



Provided an hour of positive youth development programming to 2,582 youth through school assemblies focusing on bullying, suicide prevention, healthy choices, avoidance of substance use, and leadership.

#### Amount Received:

\$79,998.75

#### Individuals Served:

3,472\*

\*Individuals Served may include clients funded through additional program revenue sources

# Children's Services Fund: 2017 Program Overview

## Columbia/Boone County Department of Public Health and Human Services Teen Outreach Program (TOP)



1005 West Worley Street  
Columbia, MO 65203  
(573) 874-7355  
[www.como.gov/health](http://www.como.gov/health)

### Program Goal

TOP encourages schools and counselors to recruit students to lead community service activities, discuss current issues and utilize TOP curriculum that focuses on health education. The purpose is to encourage healthy behaviors and community engagement for youth through Positive Youth Development strategies.

### Services Provided:

- Weekly TOP meetings
- Service learning projects
- Parent outreach activities
- 1:1 sessions

### Program Outcomes:



100% of teens reported that their facilitators supports and accepts them.



100% of teens reported not being pregnant or causing a pregnancy over the past year.



Students completed 1,074 volunteer hours during the 2016-2017 school year.



Douglass High School added a second TOP club to better meet the needs and number of students participating in TOP at the school.

### Program Success Story:

"My co-facilitator and I entered our normal classroom with a lesson planned to do for the day. That is until one of our TOP students came up to me and asked, "Is it okay if we covered self-esteem again today? There's someone in our group that is always saying negative things about herself, and I feel like she deserves to know that she is better than she believes."

We went over the definition of self-esteem and discussed different aspects of developing self-esteem. Additionally, each student had the opportunity to share what makes them special and what makes them a good friend. When it was time for that one student in particular to say positive things about herself, she didn't know what to say. After only a couple of seconds of her being speechless, other students started chiming in with positive things about her and reasons she was a good friend. She replied to the compliments of the other students by exclaiming, "You guys don't think I'm your friend!" And every single student said, "You're my friend!" One student even asked the group, "Who in here considers her to be your friend?" And every hand in the room shot straight into the air. At the end of TOP that day, that student left the room laughing and with a big smile on her face.

TOP provides students with a safe space to talk about issues that they may be facing, or in this case, an issue that one of their friends is facing. This instance was a perfect example in my eyes of how TOP can bring students together to help benefit the lives of others and make each other feel better about themselves."  
- TOP staff

**Amount Received:**  
\$39,973.84

**Individuals Served:**  
258\*

\*Individuals Served may include clients funded through additional program revenue sources



# Children's Services Fund: 2017 Program Overview

## Columbia Center for Urban Agriculture (CCUA) *Opportunity Gardens and Urban Farm Experiences*



P.O. Box 1742  
Columbia, MO 65205  
(573) 514-4174  
[www.columbiaurbanag.org](http://www.columbiaurbanag.org)

### Program Goal

CCUA utilized the Boone County Children's Services Fund Strategic Innovation Opportunities for Opportunity Gardens and Urban Farm Experiences to encourage children and adults to include a greater amount of fresh produce in their meal plans. CCUA teaches low-income families with children how to grow their own produce efficiently and how to use and prepare healthy meals in the Opportunity Gardens program. Children are exposed to vegetables, nutrition and urban gardening through the Urban Farm Experiences program.

### Services Provided:

- One-on-one mentoring in gardening and cooking through Opportunity Gardens Program
- Good food education for school groups through Urban Farm Experiences Program



### Program Outcomes:



120 individuals were mentored in gardening and cooking through the Opportunity Gardens Program.



65% of Opportunity Gardens participants reported they eat the food grown in their home garden.



3,614 students participated in the Urban Farm Experiences Program.



88% of students learned the name of plant parts, which plant parts are edible and the name of two vegetables.

**Amount Received:**  
\$25,487.40

**Individuals Served:**  
3,766\*

\*Individuals Served may include clients funded through additional program revenue sources

# Children's Services Fund: 2017 Program Overview

## Compass Health, Inc.

### Boone County Parachute Program



#### Program Goal

The Boone County Parachute Program provides counseling, assessment/evaluations and community support services for adolescents ages 12-16 who are involved in the juvenile justice system or referred by parents. The goal is to reduce and/or eliminate interaction with the juvenile justice system and improve mental health and academic performance.

#### Services Provided:

- Evaluation/Annual assessments
- Nursing services
- Medication management
- Individual therapy
- Group counseling
- Family therapy
- Group therapy/education
- Community support

#### Program Outcomes:



76% of adolescents ended involvement with the Boone County Juvenile Office at post assessment.



70% of clients showed an improvement in daily functioning.



27 clients received psychiatric and medication monitoring services.



100% of clients receiving psychiatric services received information regarding their diagnosis and, if applicable, were prescribed medication.

#### Client Success Story:

"I have a kiddo that was referred to me after an incident of cutting. The girl had very low self-esteem and multiple family issues. Staff were concerned about her risk for using substances. The girl worked to process situations at home in therapy to learn better communication skills for when things are not going well for her. She also learned alternative coping skills and different ways to manage negative feelings. This particular girl has unfortunately been the victim of some bullying at school. She has been able to positively reframe the negative thoughts and have more appropriate responses. As of November, this girl has not had any incidents of cutting or self-harm. Her self esteem improved and her risk for other unhealthy behaviors has decreased. I continue to see her have small successes with each therapy session!"  
- Compass staff

**Amount Received:**  
\$77,977.67

**Individuals Served:**  
153

# Children's Services Fund: 2017 Program Overview

## Cradle to Career Alliance (C2CA) *Cradle to Career Alliance Community Services*



*Bridging Gaps. Transforming Lives.*

cradletocareerinfo@gmail.com  
www.cradletocareeralliance.org

### Program Goal

C2CA utilized the Boone County Children's Services Fund Strategic Innovation Opportunities to organize community action teams around disparities identified from educational data in order to develop an implementation plan aligned with local needs.

### Services Provided:

- Publish an annual report with disaggregated local data on student outcomes and indicators
- Convene, facilitate and provide data for Collaborative Action Networks (CANs) to replicate and implement research-based practices
- Host symposiums to include: local and national data, overview of current community efforts to achieve outcomes, presentation of research-based practices to achieve outcomes and identification of the community's priorities for achieving outcomes



### Program Outcomes:



Over 100 business owners and community leaders attended the presentation of the 2017 Community Baseline Report and launch of C2CA's priorities for moving forward.



Created and communicated a county-wide definition of kindergarten readiness to organize consensus on characteristics of quality early childhood education.



C2CA applied for several grants to address local issues and included a Two Generation component by focusing on access to affordable, quality preschools and parent education/workforce development.



C2CA improved visibility in the community by redesigning the C2CA website to establish a role as a resource hub.

**Amount Received:**  
\$27,284.82

**Individuals Served:**  
N/A



# Children's Services Fund: 2017 Program Overview

## First Chance for Children (FC4C)

### Boone County PAT+ Program



1010 Fay Street  
Columbia, MO 65201  
(573) 777-1815  
[www.firstchanceforchildren.org](http://www.firstchanceforchildren.org)

#### Program Goal

The program goal is to provide at-risk families with a home visitation program to build resilience through the development of protective factors. FC4C helps schools develop Parents as Teachers Plus (PAT+) programs that help children enter school ready for success.

#### Services Provided:

- Home visitation PAT+ Boone County School Partnerships
- Home visitation service, FC4C in-house service
- Infant/Toddler DECA training
- Community support and crisis services
- PAT+ Teen Parent Training
- Online Strengthening Families training from the National Children's Trust Fund
- Trauma training

#### Program Outcomes:



96% of families made progress on self selected goals from family strengthening work in home visits.



71% of mothers showed improvement in anxiety/stress after six months of home visiting.



200 families in crisis received services in the form of diapers, wipes, safety items, home health items, emergency items and food vouchers.



104 Parent Educators and community members were trained to strengthen families and prevent child abuse and neglect.

#### Client Success Story:

"When LaTanya's youngest was 2 months old, she needed a crib. LaTanya was also homeless, often staying on the couches of family and friends with her two young children. We provided a crib, along with several months worth of educational visits. These basic needs items improved safety of her daughter, reduced economic stress and helped facilitate a relationship and many valuable conversations on infant health and safety as well as parenting and postpartum strategies. Last month, LaTanya moved into a home, with her daughters. FC4C was able to find her some household items and furniture through donations and community supporters. Both children are enrolled in Early Head Start and LaTanya attends GED classes. Her goal, she has said, 'is to pay it forward' and work with teens to help them be successful in life." - FC4C Parent Educator

#### Amount Received:

\$185,307.40

#### Individuals Served:

3,465\*

\*Individuals Served may include clients funded through additional program revenue sources

# Children's Services Fund: 2017 Program Overview

## Fun City Youth Academy *Fun City Youth Academy*



1801 Vandiver Drive, Suite 110  
Columbia, MO 65202  
(573) 256-1436  
[www.funcityyouthacademy.org](http://www.funcityyouthacademy.org)

### Program Goal

Fun City Youth Academy promotes healthy lifestyles and improvement in mental health outcomes for low income youth and their families through academic, cultural, and recreational services for the development of social and emotional resilience.

### Services Provided:

- Provide programming in order to improve mental health outcomes of youth
- Provide programming that promotes healthy lifestyle choices among youth
- Provide programming to help strengthen family units that include youth under the age of 19



### Program Outcomes:



65% of parents demonstrated an increased knowledge of child development and parenting skills.



81% of students increased their level of physical activity.



63% of students perceived increased support and improvement in family relationships.



72% of students demonstrated an increased knowledge of African American history.

**Amount Received:**  
\$80,000.00

**Individuals Served:**  
155\*

\*Individuals Served may include clients funded through additional program revenue sources

# Children's Services Fund: 2017 Program Overview

## Grant Montessori Preschool (and Columbia Community Montessori) *The Community Montessori Counseling Project*



401 Locust, Suite 204  
Columbia, MO 65201  
(573) 447-6321  
[www.rollinsreading.org](http://www.rollinsreading.org)

### Program Goal

The project utilized Boone County Children's Services Fund Strategic Innovation Opportunities to provide essential therapeutic and preventative, family-strengthening trauma-informed mental health services to families served through the Columbia Community Montessori.

### Services Provided:

- Mental health screenings
- Trauma-informed counseling
- Consultations with parent/guardians and teachers
- School meetings with parent/guardians
- Professional development

### Program Outcomes:



27 children received screenings to identify mental health concerns.



100% of children identified with mental health concerns received a referral for supportive services.



38 hours of trauma-informed counseling was provided to 15 students.



48 parents received information on trauma-informed strategies and individual behavior plans.



### Amount Received:

\$3,760.00 (Columbia Community Montessori)  
+ \$4,240.00 (Grant Montessori Preschool)  
= \$8,000.00 (total)

### Individuals Served:

85



# Children's Services Fund: 2017 Program Overview

## Great Circle

### *Early Assessment and Intervention Services for Outcomes Now (EAI's-ON)*



#### Program Goal

EAI's-ON provides services for Boone County children up to the age of 19 and their families who already have a child or children placed in protective custody within the last 30 days. The goal is to prevent child abuse and neglect, improve parent-child relationships and reduce out-of-home placement.

#### Services Provided:

- Therapy
- Case management
- Assessment
- Family group facilitation
- Home visitation

409 Vandiver Bldg. 6, Suite 102  
Columbia, MO 65202  
(573) 442-8331  
[www.greatcircle.org/index.php/im pact/central-region](http://www.greatcircle.org/index.php/im pact/central-region)

#### Client Success Story:

"Alex and his daughters, Sarah and Jessica, were facing drastic changes in their family dynamics. Not only did Alex find himself facing divorce, he also moved his daughters into his home on a full-time basis.

Alex, Sarah and Jessica participated in family and individual therapy. Alex also completed anger management. "I was able to learn how to be a good father, after not having a father myself," Alex stated. "I learned I had to be more accepting of things that I could not control. Oh, and managing anger is important!" he chuckled.

Sarah and Jessica liked the flexibility of the schedule. "We didn't have to miss school," Sarah stated. Both girls are honor roll students. "I liked that I could always reach out and contact my therapist if I needed to. She made me feel safe and secure with sharing things. We also had a lot of fun!" Jessica said.

When asked about long-term change, Alex stated, "I think being able to have individual sessions and then come together for family therapy immediately after was the most supportive." He continued, "That will help us sustain our family as we can address things as they happen." - Great Circle staff

#### Program Outcomes:



85% of families did not have a child placed out of the home during EAI's-ON intervention.



80% of parents decreased their level of parental stress.



97% of families did not have a confirmed report of child abuse or neglect while participating in EAI's-ON.



100% of families surveyed felt satisfied with EAI's-ON services.

#### Amount Received:

\$233,870.00

#### Individuals Served:

74\*

\*Individuals Served may include clients funded through additional program revenue sources

# Children's Services Fund: 2017 Program Overview

## Harrisburg Early Learning Center *School Age and Early Childhood Services*



450 W. Sexton Street  
Harrisburg, MO 65256  
(573) 875-5959  
www.harrisburgearlylearning  
center.com

### Program Goal

Harrisburg Early Learning Center provides early childhood education to the children of Boone County, preparing children for entry into kindergarten, involving parents in the education of their children, providing quality and structured before and after school programming and summer enrichment programming.

### Services Provided:

- Children will receive social emotional screenings, developmental screenings, and social skills testing to measure the Emerging Language and Literacy Curriculum (ELLCC) and Positive Behavior Support (PBS)
- School-age children will receive summer enrichment programming
- School-age children will receive before and after school enrichment programming and tutoring

### Program Outcomes:



22 children in the early childhood program were screened for social-emotional and developmental delays.



100% of children in preschool increased positive social behaviors between peers and teachers.



100% of families reported a reduction in stress with their child receiving tutoring and time to complete their homework.



100% of children receiving summer enrichment programming maintained or increased performance and knowledge in Math, Science, English and Reading.



16 children received before and after school enrichment programming and tutoring.

### Client Success Story:

"I'm an 83 year old great-grandfather with five great-grandchildren who attend Harrisburg Early Learning Center, I'm proud to say. Their ages are 11, 8, 6, and twin 4-year-olds. The three older children went to a daycare in the City of Columbia, MO before moving into the Harrisburg district. The twins know no other child care and I'm happy to say they have progressed, in every way, at an earlier age than their older siblings.

The older children are doing better now that they go to Harrisburg Early Learning Center. Their communication skills have improved, their grades have improved, I believe, because of the one-on-one tutoring with their homework. They seem to enjoy going to HELC more than the one in Columbia. My feelings on that point, it's the family atmosphere each staff member brings to the classroom."

- Don Clark  
A proud, protective great-grandfather

**Amount Received:**  
\$31,686.57

**Individuals Served:**  
42

# Children's Services Fund: 2017 Program Overview

## Heart of Missouri CASA *Child Advocacy*



1316 Old 63 S #104  
Columbia, MO 65201  
(573) 442-4670  
[www.homcasa.org](http://www.homcasa.org)

### Program Goal

Heart of Missouri CASA provides child advocacy services for children involved in abuse and neglect court cases. Services are provided by trained volunteers to help find safe, permanent homes for children who have been abused or neglected.

### Services Provided:

- Child advocacy services in the court system

### Client Success Story:

"Almost two years ago, CASA volunteers Jayne and Cindy were assigned to a large sibling set of seven children. Because of the size of the sibling group, the children were often placed apart from each other in multiple locations. Jayne and Cindy worked hard to get the children in the best possible placements, with as many of the siblings together as feasible. At another point in the case, due to a poor choice made by Mom, all seven children were moved to a group home, despite there being no issues with the current placement of the three oldest children. The older children were devastated and became depressed. One of the children showed the CASA volunteers journal entries describing plans to run away or commit suicide. The CASA volunteers immediately brought this to the team's attention and successfully advocated to have at least the older children moved back into a family environment. Because of the CASA volunteers' persistent advocacy with the judge, family support team, and even a state licensing agent, all seven children are now together in a home with family, and by all accounts happy and thriving.

CASA volunteer Jayne put so much effort into the successful outcome of this case, she was given a Recognition of Greatness Award from the 13th Judicial Circuit Fostering Court Improvement Team, which includes individuals from each entity involved in the family court." - CASA staff

### Program Outcomes:



93% of closed cases achieved permanency with a CASA volunteer, compared to 88% within the 13th Judicial Circuit of Missouri without CASA.



Children with a CASA volunteer experienced 2.2 moves on average compared to 4 moves for children in care in the 13th Judicial Circuit of Missouri.



Boone County children received 6,160 hours of advocacy in 2017.



**Amount Received:**  
\$90,000.00

**Individuals Served:**  
302\*

\*Individuals Served may include clients funded through additional program revenue sources

# Children's Services Fund: 2017 Program Overview

## Lutheran Family and Children's Services of Missouri *Maternal Mental Health*



307 Locust Street  
Columbia, MO 65201  
(573) 815-9955  
[www.lfcsmo.org/locations/mid-missouri-office/](http://www.lfcsmo.org/locations/mid-missouri-office/)

### Program Goal

The goal of the program is to increase the number of mothers who receive timely treatment for depression and its effects. Early and effective therapy can mitigate the effects of depression on the parent, the child and the parent-child relationship.

### Services Provided:

- Outpatient counseling
- Case coordination
- Medication management
- Medication prescription

### Program Outcomes:



85% of mothers had a reduction in depressive symptoms.



86% of children with trauma symptoms at intake had a reduction of trauma symptoms after receiving counseling.



94% of mothers and children demonstrated an improved parent-child relationship after two or more counseling sessions.



100% of families surveyed reported that they feel better equipped to meet their needs and their child's needs.

### Client Success Story:

"Natasha sought counseling from the Maternal Mental Health program after acknowledging she was experiencing more than just the "baby blues." She shared that she had previously had a plan to drop off her son at her mother-in-law's and drive away in order to start a new life. She calculated how far she could drive without anyone noticing she was gone. Thankfully, she quickly realized this was not something she wanted to follow through with. Natasha recognized she was feeling overwhelmed about being a new mom and had lost her sense of identity since she was no longer working. Through counseling, Natasha was able to feel more confident as a parent and was empowered to talk to those in her life about how she feels. Natasha's family rallied around her and she felt validated about her feelings. Natasha is no longer experiencing postpartum depression and recently announced she is expecting her second child. She now knows what postpartum depression looks and feels like so she can advocate for the help she needs if she experiences depression during this pregnancy. She has also decided she wants to attend graduate school after her second child is born. Through her experience, Natasha is now interested in working in the maternal health field." - LFCS staff

**Amount Received:**  
\$123,953.91

**Individuals Served:**  
88\*

\*Individuals Served may include clients funded through additional program revenue sources



# Children's Services Fund: 2017 Program Overview

## Lutheran Family and Children's Services of Missouri *Nurturing Network*



307 Locust Street  
Columbia, MO 65201  
(573) 815-9955  
[www.lfcsmo.org/locations/mid-missouri-office/](http://www.lfcsmo.org/locations/mid-missouri-office/)

### Program Goal

The goal is to reduce risk factors that lead to child abuse and neglect through case management and direct services including counseling, parenting and life skills curriculum and financial/material assistance.

### Services Provided:

- Case management
- Counseling

### Client Success Story:

"Coming to a foreign country with no family or support to pursue a dream as a family can be a challenge in itself. However, when support from grandmothers is greatly ingrained within the culture of a client's lifestyle, nurturing a newborn baby can make the transition even more challenging. This is the story of a mother who moved to the United States with her two small children to support her husband's goal of earning his doctorate degree. The client's culture embraces the grandmothers participating in a large part of the newborn's growth and development and to allow the mother resting and recovery time. The mother gave birth to a healthy daughter without the support of her mother and mother in-law, but with the guidance of a social worker at Lutheran Family and Children's Services and the Nurturing Network program, this client was able to learn and utilize nurturing skills to help support her newborn baby. In addition, the client learned the importance of self-care and reaching out for support so she can appropriately nurture her newborn baby. The baby and mother are both currently thriving in their new environments." - LFCS staff

"At a time when I felt every problem was insurmountable, your patience and understanding was and still is such a comfort." - Client

### Program Outcomes:



70% of clients showed progress toward addressing risk factors that lead to child abuse and neglect after attending three or more case management meetings.



1,590 hours of counseling were provided to parents with young children.



95% of clients surveyed reported that they have better parenting and coping skills.

**Amount Received:**  
\$231,813.35

**Individuals Served:**  
130\*

\*Individuals Served may include clients funded through additional program revenue sources

# Children's Services Fund: 2017 Program Overview

## Moberly Area Community College

### Boone County Children's Services Fund Quality Child Care Program



601 Business Loop 70 West,  
Suite 216  
Columbia, MO 65203  
(573) 234-1067  
[www.macc.edu/columbia](http://www.macc.edu/columbia)

#### Program Goal

The goal of the program is to increase kindergarten readiness by providing training for teachers in research-based early childhood education curriculum and social-emotional learning (SEL) strategies to implement in their classrooms.

#### Services Provided:

- CDA preparation for Early Childhood Education teachers
- CDA preparation classes at the Columbia Area Career Center
- Training in HighScope curriculum
- HighScope Train-the-Trainer
- HighScope and SEL coaching
- CLASS assessment and evaluation of teachers to determine intervention impact
- Devereux Early Childhood Assessment (DECA) and evaluation of students to determine intervention impact

#### Program Outcomes:



11 classrooms completed the Classroom Assessment Scoring System, an observation instrument that assesses the quality of child-care providers-child interactions and helps providers foster a secure, supportive base for learning and exploration.



Three program staff received extensive training in HighScope curriculum and will be certified to train other early childhood professionals on HighScope practices.



71 children received the Devereux Early Childhood Assessment (DECA) to assess strengths and problem behaviors to allow teachers and parents to develop a plan to promote resilience.

#### Client Success Story:



"I am a single mother living below poverty level. You have no idea what this program means for me and my family." - CDA Grant Participant

"One CDA student said to her coach that she was so excited to be in the program and can't believe she's actually going to college, as she never thought it would be something she could do." - MACC staff

"After just a couple coaching visits, a family home provider reported that her efforts to label everything in her child care area with picture labels has made a huge difference in how her children behave at clean up time. She reported that the children really take pride in being able to match the items to the pictures, and it has made clean up time go much more smoothly." - MACC staff

**Amount Received:**  
\$105,170.65

**Individuals Served:**  
82\*

\*Individuals Served may include clients funded through additional program revenue sources

# Children's Services Fund: 2017 Program Overview

## Phoenix Health Programs

### APEX



Phoenix Health Programs

90 E. Leslie Lane  
Columbia, MO 65202  
(573) 875-8880  
www.phoenixhealthprograms.com

#### Program Goal

The goals of APEX are to reduce mental health symptoms and substance use, and promote abstinence from alcohol/drugs by increasing positive social activity, positive peer support and improved relationships with family.

#### Services Provided:

- Individual outpatient counseling for mental health and/or substance abuse treatment

#### Client Success Story:

"A teenager had made dangerous, illegal choices while under the influence. He reported being embarrassed and ashamed to talk about it to friends who knew of the situation but also he was shy to meet new people because he didn't know how to acknowledge this part of his past while making new friends. The client and the counselor used problem solving and communication skills to create a way to discuss this with other people, to be honest while not continuing to be vulnerable because of shame. The two practiced conversations in role plays and reverse role plays so the client would know what he wanted to say and could feel comfortable.

The counselor asked the youth, 'What have you gotten out of treatment?' during the discharge process. The young person reported, 'This has been really helpful in my communication. I didn't have a way to talk about what I'd done or what had happened to me. Now I feel confident I can learn who to share this with and how.' - Phoenix staff

"Treatment has been tremendously helpful. It's made his behavior better, his attitude has improved. He's doing his chores. He even tells me he loves me in front of his friends, and he's much more respectful. His grades are even much better. He's like a whole different kid since he started coming here. This has been a real help to our family." - Client

#### Program Outcomes:



2,218 hours of outpatient counseling was provided to youth and family members.



89% of adolescents reported a reduction of mental health and substance issues.



89% of adolescents reported having supportive interactions with family and/or friends.

**Amount Received:**  
\$0.00\*

**Individuals Served:**  
96

\* Contract was in place for 2017 but program services were billed to other funding sources.

# Children's Services Fund: 2017 Program Overview

## Phoenix Health Programs

### *Creating Lasting Family Connections (CLFC)*



Phoenix Health Programs

90 E. Leslie Lane  
Columbia, MO 65202  
(573) 875-8880  
[www.phoenixhealthprograms.com](http://www.phoenixhealthprograms.com)

#### Program Goal

The program provides family education and mental health screenings to reduce drug and alcohol use and improve family connections for at-risk Boone County children and youth, ages 9-18, with a key risk factor of one or more parents who currently or formerly received substance use treatment/recovery from alcohol and drugs.

#### Services Provided:

- Mental health screenings
- Family group therapy
- Counseling

#### Program Outcomes:



100% of youth increased skills to refuse alcohol and other drug use.



100% of participants increased their knowledge of community resources and services.



77 hours of counseling were provided to youth and family members.



100% of parents reported increased knowledge about alcohol and other drug use.

#### Client Success Stories:

"Samuel is a dad who was addicted to cocaine and heroin which lead to behaviors causing him to lose custody of his daughters to his mom. Once he entered treatment, he and his significant other also began working with me on the CLFC curriculum. Today, Samuel has regained custody of his daughters and has enrolled them in school in the district of their new home together. Both daughters are thriving among their peers. One is on the track team and the other has an after-school job. Samuel says, 'my daughters like the new sober me, they tell me everything. Our communication is great'."

- Phoenix staff

"Tara is a mom who participated in the program after her significant other went to prison on drug-related offenses. This left her and her three children, particularly her two daughters, on poor speaking terms. CLFC helped Tara regain her self-confidence, repair and improve communication with her three children, and, when her significant other was released from prison, they began to communicate better as well. They go on family trips and the children are now communicating better with their mom's significant other. CLFC helped to educate this family on addiction and the process of recovery. CLFC helped educate this family on the skills of communication and problem solving."

- Phoenix staff

**Amount Received:**  
\$54,479.00

**Individuals Served:**  
37\*

\*Individuals Served may include clients funded through additional program revenue sources



# Children's Services Fund: 2017 Program Overview

## Presbyterian Children's Homes and Services

### *Therapeutic Mentoring*



Presbyterian Children's  
Homes and Services

409 Vandiver West, Building 5,  
Suite 203  
Columbia, MO 65202  
(573) 989-9727  
[www.missouri.pchas.org/](http://www.missouri.pchas.org/)

#### Program Goal

Therapeutic Mentoring improves coping skills and pro-social behaviors to increase self-esteem and create positive connections in the community.

#### Services Provided:

- Therapeutic mentoring

#### Client Success Story:

"A young lady entered our residential program. She was angry and frustrated due to past family issues that caused her to become a ward of the state. Initially she was resistant to therapy and not willing to engage with staff. Kira slowly began to open up and talk once she started meeting her assigned therapeutic mentor on a regular basis and participating in a number of goal related activities.

Kira's therapeutic mentor began working with her on her anger issues and job skills. Her mentor became a consistent resource as she transitioned into alternative placement. Slowly a young woman with patience and tolerance began to emerge. Before too long a leader was born. Kira stepped up and took charge of herself and her behaviors. In addition, she openly helps new peers in the same situation she's in.

Graduation for Kira is targeted for December 2018. This was a major goal established by Kira and her mentor. Kira has goals to attend college and study psychology. She would like to help others that have struggled like she has in the past. Helping others now comes from her heart and she's displaying more self-esteem and confidence in what's possible for her future. Looking at Kira and her story you will see the true definition of success. Through therapeutic mentoring and a supportive staff, a life was changed and a young confident woman emerged from a cocoon of distrust and discontent for people."  
- Presbyterian Children's Homes and Services staff

#### Program Outcomes:



1,159 hours of therapeutic mentoring were provided in 2017.



94% of youth with more than four hours of mentoring had improved school attendance.



86% of youth with more than four hours of mentoring had fewer or no discipline referrals.



94% of youth experienced improved family relationships at discharge as compared to at enrollment.



100% of youth had no law violations while enrolled in the program.

#### Amount Received:

\$28,981.25

#### Individuals Served:

56

# Children's Services Fund: 2017 Program Overview

## Rainbow House *Children's Emergency Shelter*



1611 Towne Drive  
Columbia, MO 65202  
(573) 474-6600  
[www.rainbowhousecolumbia.org](http://www.rainbowhousecolumbia.org)

### Program Goal

The Children's Emergency Shelter (CES) provides respite care and emergency shelter services for children. The shelter provides children a safe place in order to prevent or remove them from situations of abuse or neglect. Counseling and wellness groups are provided for children and families to address and prevent abuse and neglect.

### Services Provided:

- Temporary shelter
- Counseling
- Respite care
- Community outreach
- Wellness groups

### Program Outcomes:



90 children were provided with safe shelter and had their basic needs met.



53% of youth participating in therapy showed an increase in positive coping skills.



17 parents utilized respite care for their children to decrease their stress level.



71% of youth participating in Wellness Groups reported learning at least one new method of maintaining their personal wellness.

### Client Success Story:

"Earlier this May, I was helping load eleven-year-old, Adam, and ten-year-old, Lindsey's belongings into their grandmother's car as they prepared for their second discharge from Rainbow House. Last October, the siblings spent three weeks with us while their mother was in the hospital. This past May, their mom had recently been diagnosed with cancer and their grandma was scrambling to make arrangements for them to come live with her. As I was helping pack the car, their grandma said to me, 'You know, I honestly had no idea what I was going to do. I was so stressed and at a loss, then Lindsey said to me, 'Why can't we just go stay at Rainbow House again?'" I immediately teared up a little hearing how Lindsey was able to reflect on her previous stay. Lindsey had some particularly challenging behaviors – staff often struggled knowing how to interact with and best support her – so knowing she thought back on us as a comfortable place to seek help during a time of extreme difficulty was incredibly encouraging. It was a great reminder that even if we don't always know exactly what to say or do, children will remember how we made them feel – which is loved." - CES Program Coordinator

### Amount Received:

\$10,187.24

### Individuals Served:

102\*

\*Individuals Served may include clients funded through additional program revenue sources

# Children's Services Fund: 2017 Program Overview

## Rainbow House

### Homeless Youth Program



1611 Towne Drive  
Columbia, MO 65202  
(573) 474-6600  
[www.rainbowhousecolumbia.org](http://www.rainbowhousecolumbia.org)

#### Program Goal

The Homeless Youth Shelter provides temporary shelter for unaccompanied youth while also providing services that address basic needs, deliver case management and teach life skills. The goal is for youth to establish permanent, stable housing.

#### Services Provided:

- Temporary shelter
- Case management
- Counseling
- Service coordination
- Life skills training
- Street outreach

#### Client Success Story:

"We recently had a young lady stay in our Homeless Youth Program who was fleeing a very violent and abusive home life. Her extensive trauma history made even the simplest tasks a challenge at times, and yet she began to thrive in our program and in her college studies. Communal living and employment were very difficult for her, but through intensive therapy and case management, she was able to obtain and keep a job on campus and successfully live with a roommate during her stay with us. After 18 months of living in our Transitional Living Program, she made the last step toward independence and moved into a local college dorm. She is a year away from graduating. This young lady overcame challenges that most won't face in a lifetime, and it just goes to show what youth can achieve when they have a safe and stable place to call home and are surrounded by caring adults."

- Homeless Youth Program Coordinator

#### Program Outcomes:



100% of youth seeking services were connected to an outside agency to address goals.



80% of youth residing in the program safely returned home or transitioned into safe, stable living environment.



100% of youth participating in therapy increased positive coping skills.



The Homeless Youth Program collaborated with three new agencies to coordinate care for youth.



100% of youth participating in life skills classes showed an increase in subject knowledge.

#### Amount Received:

\$11,809.92

#### Individuals Served:

16\*

\*Individuals Served may include clients funded through additional program revenue sources



# Children's Services Fund: 2017 Program Overview

## Rainbow House

### *Parenting Class Program*



1611 Towne Drive  
Columbia, MO 65202  
(573) 474-6600  
[www.rainbowhousecolumbia.org](http://www.rainbowhousecolumbia.org)

#### **Program Goal**

The program's goal is to provide support and parenting skills education to at-risk parents/families to diminish child abuse and neglect. Class topics include: self-care, stress and anger management, child development, communication skills, positive discipline, accessing community resources, etc.

#### **Services Provided:**

- Provide 'Making Parenting a Pleasure' curriculum to at-risk parents in Boone County

#### **Program Outcomes:**



85% of parents reported an increased knowledge of parenting skills and child development.



80% of parents reported an increased knowledge of stress and anger management skills.



94% of parents completed the class.

#### **Client Success Story:**

"Recently I was doing a make-up class for a parent who missed class due to a family emergency. Typically, I am not able to offer one-on-one classes and have to ask parents to wait until the next scheduled class. However, my schedule lined up with this parent's schedule and she was determined to finish the class. We finished the missed courses and I handed her the completion certificate. She looked at me with the biggest smile and look of relief on her face. She told me that this class was the very last thing she had to complete and her caseworker said that her children would be coming home within a week! I don't always get to see the final outcome of the parenting class because parents are at different stages in the process when they sign up. It was wonderful to see the happiness this parent felt!"  
- Shelter Director

#### **Amount Received:**

\$3,051.84

#### **Individuals Served:**

58\*

\*Individuals Served may include clients funded through additional program revenue sources

# Children's Services Fund: 2017 Program Overview

## Sustainable Farms & Communities, Inc.

### *Access to Healthy Food*



#### Program Goal

The goal of this program is for voucher users to experience lower rates of stress related to food insecurity and for one or more family members to experience the benefit of changes in health status attributed to their access to fresh, local products from the farmers market.

#### Services Provided:

- Financial match for SNAP and WIC participants to be used at the Columbia Farmer's Market

P.O. Box 1092  
Columbia, MO 65205  
(573) 777-2824  
[www.sfandc.org](http://www.sfandc.org)



#### Program Outcomes:



64% of participants used their vouchers at least twice per month.



48% of surveyed participants reported health benefits after they entered the program and shopped at the Columbia Farmers Market.



1,502 vouchers were redeemed in 2017.



5 volunteers and 3 new board members were trained in Access to Healthy Food procedures.



Access to Healthy Food volunteers completed community engagement projects with the Columbia Parks and Recreation's Summer Fun program and the Food Bank's Summer Lunch program.

#### Amount Received:

\$32,776.50

#### Individuals Served:

984\*

\*Individuals Served may include clients funded through additional program revenue sources

# Children's Services Fund: 2017 Program Overview

## University of Missouri - Boone County Schools Mental Health Coalition (BCSMHC)

### *Training and Case Management*



University of Missouri  
205 London Hall  
Columbia, MO 65211  
[www.bcschoolsmh.org](http://www.bcschoolsmh.org)

#### **Program Goal**

BCSMHC provides a collaborative initiative through implementation of a scientifically-based prevention and intervention model that reduces risk factors, promotes existing strengths and improves coordination of services for at-risk youth and their families.

#### **Services Provided:**

- Universal screening of students in schools K-12
- Universal intervention in schools
- Targeted social, behavioral or emotional interventions
- Individualized social, behavioral or emotional interventions
- Extensive wrap-around services
- Professional development training to school-based staff in Boone County

#### **Program Outcomes:**



23,069 students were screened for social, behavioral, emotional, and academic risk factors.



82% of students receiving a targeted intervention demonstrated improvements in symptoms.



Teachers reported that 73% of students that received individualized interventions demonstrated improvements in symptoms.



426 school staff members received professional development training.



83% of school staff were satisfied with professional development training.

#### **Client Success Story:**

"The Coalition is providing intensive intervention to a student in one of our partner school districts. Before the intervention, this student was not able to maintain attendance in regular classes due to behavior, so a specialized evidence-based intervention was chosen to assist him to learn and demonstrate pro-social behaviors. Behavior in school has improved greatly, so much so that he is currently being reintegrated into regular classes.

Parents have this to say about the Coalition's work to provide this intervention: 'My child has made a noticeable and night and day difference in his anger and behavior' and 'he has made a tremendous difference in school since being in this program'.

The student's teacher said, 'He's had some great days. He walked in his line all the way back to class the other day, he was in the middle of the line and did exactly what was expected of him as a kindergartner. I don't think I have seen him really be able to do that all year. It was awesome! I'm so proud of how far he's come.'" - BCSMHC staff

#### **Amount Received:**

\$659,438.47

#### **Individuals Served:**

23,558



# Children's Services Fund: 2017 Program Overview

## University of Missouri - Department of Psychiatry *Boone County Early Childhood Coalition*



Woodrail Medical Plaza - Bldg 2,  
Suite 140  
Columbia, MO 65203  
(573) 884-4891  
[www.bcecc.org/](http://www.bcecc.org/)

### Program Goal

The goal of the program is to support a community-wide mental health campaign, a complementary parent education and support program and evidence-based screening efforts with Family Access Center of Excellence (FACE).

### Services Provided:

- Triple P Universal mental health campaign
- Training for Triple P (level 2, 3 and 4)
- Development of screening hub
- Social-emotional focused screenings
- Triple P prevention support
- Program development and implementation
- Evaluation



### Program Outcomes:



20 practitioners received training in Triple P curriculum, a comprehensive, evidence-based parenting and family support system.



171 visits completed by Triple P-trained practitioners to support parents with their child's behavior or development.



100% of trained provider sites received a site visit to ensure successful implementation of the Triple P program.



An early childhood case manager was hired and trained to provide services at Family Access Center of Excellence (FACE).

**Amount Received:**  
\$245,275.68

**Individuals Served:**  
565

# Children's Services Fund: 2017 Program Overview

## University of Missouri - Department of Psychiatry *Early Childhood Positive Behavior Support (EC-PBS)*



Woodrail Medical Plaza - Bldg 2,  
Suite 140  
Columbia, MO 65203  
(573) 884-6843  
<http://www.helpingyoungchildrensoar.org/early-childhood-positive-behavior-support-ec-pbs/>

### Program Goal

The program's goals are to provide coaching, behavioral consultation, and training for early childhood facilities, teachers, and parent/families to increase their abilities to build strong relationships with children and families, promote social-emotional development, reduce problem behaviors and promote school readiness for children ages 0-6.

### Services Provided:

- EC-PBS trainings
- EC-PBS coaching
- EC-PBS coach training and reflective supervision
- Parent engagement

### Program Outcomes:



132 early childcare providers received EC-PBS training and coaching.



Early childcare providers received 5,540 hours of EC-PBS Coaching.



77% of children in EC-PBS programs showed an increase or stayed the same in displaying appropriate social skills.



17 children received referrals to appropriate services when needed.

### Client Success Story:

"I have had the pleasure of weekly visits by Natalie Wuest for the past several years through EC-PBS. It has been so great to have the support of Natalie when helping children manage their emotions as well as to create a positive atmosphere for kids to learn and grow. I have been taught and coached from EC-PBS that focusing on what we want more of (positive behaviors) is the key. During group time, if I give the kids who are doing the right thing attention, most of the others will copy. We need to teach kids the right way to act through examples, books and pre-corrects many times before it becomes natural. Describing kids' emotions and ours helps the kids recognize their own and use feeling words when they are frustrated and experiencing conflicts. Timeout used to be a regular occurrence in our program. Now I recognize that kids do not learn from timeout. Kids get angry but they don't change. If we are calm and listen and help them make better choices, this is how kids learn. It is so hard when emotions are charged but the only way to de-escalate a child is to remain calm ourselves. With the support of Natalie's calm demeanor and understanding, I have been a better child care provider to the kids in my care."

- First Discoveries Home Preschool

### Amount Received:

\$225,469.13

### Individuals Served:

680\*

\*Individuals Served may include clients funded through additional program revenue sources

# Children's Services Fund: 2017 Program Overview

## University of Missouri - Department of Psychiatry *MU Bridge Program: School-Based Psychiatry*



### MU BRIDGE PROGRAM: SCHOOL-BASED PSYCHIATRY

University of Missouri, Department of Psychiatry  
1 Hospital Drive  
Columbia, MO 65212  
(573) 882-3125  
<https://www.muhealth.org/condition-s-treatments/pediatrics/pediatric-psychiatry/community-outreach?url=bridge-program>

### Program Goal

The MU Bridge Program provides school-based psychiatric services and nurse case management for Boone County children and adolescents who are in need of psychiatry services.

### Services Provided:

- Psychiatric services- Attending
- Psychiatric services- C/A Fellow
- Nurse case management
- Administrative services
- Case management support

### Client Success Story:

"Words really cannot express what the Bridge program has done for me and my students over the last two years. When I arrived at Derby Ridge in January of 2015, I took over a classroom of 25 second graders who were in desperate need of structure and love. Many of my students had outstanding needs that had not yet been addressed. I have had five students in two years receive evaluation, assistance and resources through the Bridge program that have helped them become successful academically and personally. The impact of the assistance given to these families in tough times and situations is unmeasurable. Not only has Bridge helped these students' mental and physical health needs be met, I have seen a growth in confidence and positive outlook in all the students who have been assisted by Bridge. When you feel better, you do better, and Bridge helped my students achieve that through their supports." - 2nd Grade Teacher

"I have been beyond impressed with the Bridge program and how it has helped my students. One student was able to get help with medication and it made all the difference with him being a leader and a learner. I would hate to lose this resource that helps our students succeed in school and life." - 1st Grade Teacher

### Program Outcomes:



Teachers reported that 65% of students showed a significant reduction in disruptive behaviors.



Parents reported that 71% of youth with anxiety/depression showed significant improvement.



5,300 hours of nurse case management were provided to youth.



97% of youth were compliant with medication regimen.



96% of youth with prescribed medication had a planned appointment with a community physician at discharge from Bridge.

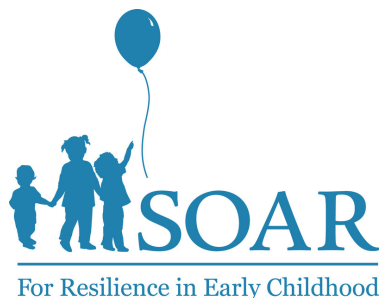
**Amount Received:**  
\$534,042.75

**Individuals Served:**  
362\*

\*Individuals Served may include clients funded through additional program revenue sources

# Children's Services Fund: 2017 Program Overview

## University of Missouri - Department of Psychiatry System Offering Actions for Resilience in Early Childhood (SOAR)



Woodrail Medical Plaza - Bldg 2,  
Suite 140  
Columbia, MO 65203  
(573) 884-6843  
<http://www.helpingyoungchildrensoar.org>

### Program Goal

SOAR's purpose is to build a system to address gaps in existing services for children ages 0-6 years and their families. This includes prevention/promotion activities, screening, information/referral, training and consultation of the workforce and provision of an evidence-based treatment for young children.

### Services Provided:

- Educate and raise awareness of early childhood social/emotional development
- Conduct developmental screenings and provide consultation for children ages 0-6 and their families
- Train providers to do screenings and evidence-based treatment
- Information and referral services (website, message center and other direct services)
- Child-parent psychotherapy

### Program Outcomes:



1,147 children were screened for developmental delays.



15% of children screened indicated developmental delays and received referrals for follow-up services.



181 early childcare providers were trained to conduct developmental screenings.



2,886 hours of child-parent psychotherapy was provided to young children and their caregivers.

### Client Feedback:

"Very beneficial and reassuring, especially for a first-time mom."

"The screening was quick and easy. Awesome that it is free and the screeners were knowledgeable and helpful."

"This is a fantastic program. We've been participating since 2016."

"This was a wonderful experience."

"This was very helpful."

### Amount Received:

\$393,183.82

### Individuals Served:

16,034



# Children's Services Fund: 2017 Program Overview

**University of Missouri - Aaron Thompson PhD,  
Wendy Reinke PhD, Keith Herman PhD, Kristin Hawley PhD**  
*Family Access Center of Excellence (FACE)*



105 E. Ash Street, Suite 100  
Columbia, MO 65203  
(573) 771-3223  
[www.faceofboonecounty.org](http://www.faceofboonecounty.org)

## Program Goal

The goal of FACE is a cross-sector implementation center aimed at providing a coordinated, transparent, and collaborative approach to improving access to quality mental health services for families with children (aged 0-19).

## Services Provided:

- Provide single point entry to access services
- Evidence-based engagement practices
- Developmentally responsive assessments
- Case management
- On-going progress monitoring
- Strategic prevention and intervention plan
- Evidence-based practice training



"This is an amazing program. This will work wonders and give opportunity to our family." - Client

"I am in disbelief how amazing coming here has been - it almost feels too good to be true. FACE staff was amazing and everyone that has interacted with us has been so kind, warm, and welcoming. Thank you!" - Client

"Very welcoming and supportive!" - Client

## Program Outcomes:



515 families were referred to FACE with 257 families assessed and/or engaged in services.



On a scale of 1-10, the severity of a family's top problem rating decreased, on average, from 8.36 to 3.13 over a four week period.



1,474 hours of training were provided to 454 mental health providers.



FACE opened a satellite office in Centralia in March 2017 that is open one day a week.



29 assessments were provided to families in Centralia.

**Amount Received:**  
\$939,072.80

**Individuals Served:**  
711

# Children's Services Fund: 2017 Program Overview

## University of Missouri Healthcare Division of General Pediatrics *HealthySteps for Young Children*



### Program Goal

HealthySteps for Young Children connects with families during pediatric well visits as part of the primary care team. They also offer screenings, help with complex parenting issues, guidance and referrals, care coordination and home visits.

### Services Provided:

- Well-child visits
- Telephone information line and written material
- Child development checkups
- Parent support groups
- Home visits

551 E. Southampton Drive  
Columbia, MO 65201  
(573) 882-4730  
<https://www.muhealth.org/conditions-treatments/primary-care/general-pediatrics>

### Program Outcomes:



30 families received at least one home visit.



100% of families showed improvement in parenting practices and knowledge.



100% of enrolled children 15 months or older have received at least seven well-child checkups.



134 families were screened for family risk factors. 100% of families identified as "at-risk" received a referral.



100% of parents who attended a parenting group reported that improving parenting skills helps them feel less stressed.

### Client Success Story:

"I am a young mother of two small children. I have support from my children's father and his parents, but not from my family. I enrolled in the HealthySteps program after Sam was born. My HealthySteps Specialist meets with me at every appointment I go to for a check-up with my child's doctor. She talks to me about things I can do to help Sam learn and grow and always asks how I am doing and feeling. She has connected me to other programs like Parents as Teachers and support groups for other mothers and also helped me to start counseling for myself. She has given me other information on where to get food and other resources as well. She gives Sam a book at each visit that he looks forward to and we read together at home. She has come to my home when I can't make it to the clinic and has answered my questions, day and night. I'd describe her as a guardian angel that I can go to with any concern, not just for the children, but for myself as well. This program has definitely helped me to grow as a parent and to learn how to help my child learn and grow the best that he can." - HealthySteps Parent

### Amount Received:

\$89,688.65

### Individuals Served:

264\*

\*Individuals Served may include clients funded through additional program revenue sources

# Children's Services Fund: 2017 Program Overview

## University of Missouri Psychological Services Clinic *Mental and Behavioral Healthcare*



Center for Evidence-Based Youth Mental Health  
Psychological Services Clinic

211 South 8th Street  
Columbia, MO 65201  
(573) 882-4677  
<https://psychology.missouri.edu/psychological-services-clinic>

### Program Goal

The program provides case management, therapy, medication management and physical health support for youth age 19 and younger who have behavioral health issues.

### Services Provided:

- Clinic-based, evidence-based therapy
- Multi-Systemic Therapy (MST)
- Dialectical Behavior Therapy (DBT)

### Client Feedback:

"We are extremely grateful for [our therapist's] help. [Our child] is like a new kid. This clinic has changed our family's life for the better. Thank you so much for offering an important service in our community!"

"Fingers crossed we can keep going with what we learned here and continue to help improve [with child's diagnosis]. Thank you so much for the help given. You were our family's life saver."

"The time we've spent has been a great investment and has allowed my child to help [self] in difficult situations. Thanks so much!"

"Already referred a friend!"

### Program Outcomes:



79% of youth who completed evidence-based therapy showed improvement in primary diagnosis.



98% of youth did not require hospitalization or other intensive intervention.



80% of youth who completed MST reported clinically significant improvements.



1,201 hours of MST treatment was provided for 21 youth.

### Amount Received:

\$236,910.00

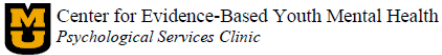
### Individuals Served:

140\*

\*Individuals Served may include clients funded through additional program revenue sources

# Children's Services Fund: 2017 Program Overview

## University of Missouri Psychological Services Clinic *Psychological Services Clinic*



211 South 8th Street  
Columbia, MO 65201  
(573) 882-4677  
<https://psychology.missouri.edu/psychological-services-clinic>

### Program Goal

The Psychological Services Clinic provides mental health screenings for Boone County children ages 2 through 19. Licensed mental health providers who serve these individuals also receive training in Evidence-Based Practice (EBP).

### Services Provided:

- Mental health screenings
- EBP training

### Program Outcomes:



120 youth received completed diagnostic reports that included diagnostic conclusions, recommendations for evidence-based treatment and referrals.



89% of youth with a completed mental health screening have attended at least one treatment session.



86% of youth reported improvement in mental health symptoms.



580 mental health professionals received training in evidence-based practices.

### Client Feedback:

On a scale of 1-4, client satisfaction rating averaged from 3.4-3.7.

74% of clients indicated they would highly recommend the Psychological Services Clinic to a friend.

"Really value the training opportunity as well as the service that it provides to the Columbia community! It is important to me that the trainer has that level of knowledge/experience/competency...specifically as it relates to literacy of research and clinical experience."

"Very informative, liked the practical case examples and tools to use that were provided."

"This has been so useful and engaging! I will be a better provider to my families. Thank you!"

"Fabulous training as usual. Really appreciate the practice opportunities and focus on evidence."

### Amount Received:

\$206,024.31

### Individuals Served:

700\*

\*Individuals Served may include clients funded through additional program revenue sources



# Children's Services Fund: 2017 Program Overview

## Youth Empowerment Zone *The Employment Program*



1002 Fay Street  
Columbia, MO 65201  
(573) 256-1896  
www.yezweb.org

### Program Goal

The goals of the Employment Program are to provide primary avenues for employment preparation through encouraging the continuation of formal secondary and post-secondary education, increasing professional development skills, and connecting youth to networks of economic opportunities.

### Services Provided:

- Employment Readiness Training
- Career exploration
- Case management
- Employment coaching
- Outreach/Engagement

"Eden came to YEZ very discouraged about where her life was headed and the lack of opportunities available to her. We helped Eden set individual goals and worked with her every step of the way.

Eden completed our Job Readiness Training program and was successful in finding a job. She now feels encouraged and motivated to continue building on her success.

Eden says, 'I have learned so much about myself at YEZ. I now feel confident that I can deal with whatever happens.'" - YEZ staff



### Program Outcomes:



78% of youth demonstrated improvement in employment readiness.



71% of youth increased employability competencies after 60 days of employment coaching.



123 youth received career exploration to increase awareness of potential careers.



64% of youth achieved two out of three goals identified in Individual Action Plans.

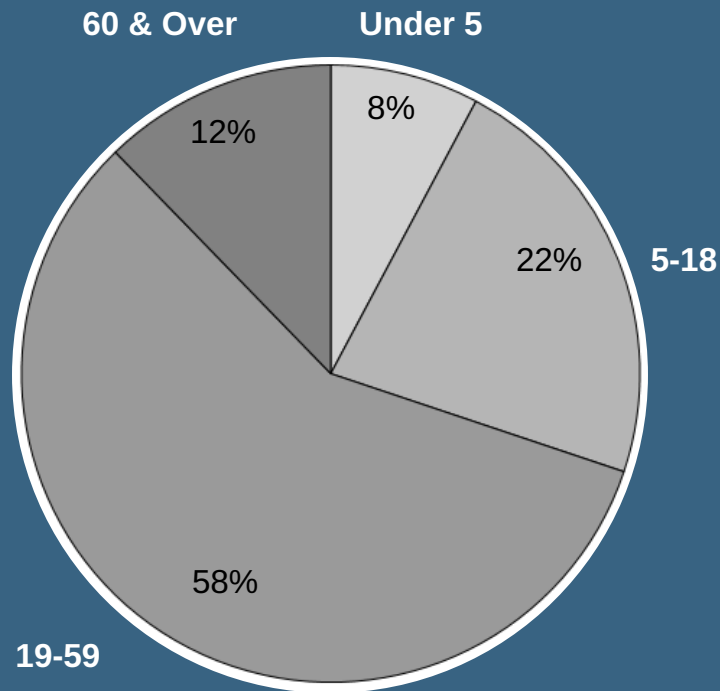
**Amount Received:**  
\$107,657.90

**Individuals Served:**  
335\*

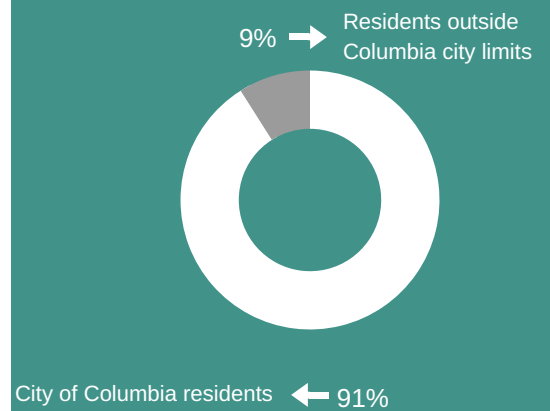
\*Individuals Served may include clients funded through additional program revenue sources

# Community Health Fund: 2017 Overview of Services

## Community Health Fund: Age Demographics



## Place of Residence



22,678

individuals received assistance  
with meeting food needs



933

individuals received  
dental services



1,346

individuals received  
counseling/therapy



785

individuals were  
screened/assessed

# Community Health Fund: 2017 Program Overview

## Columbia/Boone County Department of Public Health and Human Services *Live Well Boone County*



1005 West Worley Street  
Columbia, MO 65203  
(573) 874-7355  
[www.como.gov/health](http://www.como.gov/health)

### Program Goal

The program goals include: empower all residents to eat a healthy diet and be physically active; improve our community's ability to access and utilize comprehensive health services; and prevent suicide, underage drinking, misuse of prescription drugs and use of illegal drugs.

### Services Provided:

- Live Well health promotion intervention
- Behavioral Health Awareness campaign on suicide prevention and substance use



### Program Outcomes:



19 changes were made at local organizations to promote a healthy environment and/or received exercise equipment.



80% of participants of a health education program experienced weight loss.



8 health education programs were offered at local organizations.



The Look Around Boone campaign partnered with schools and universities, FACE, Burrell Behavioral Health, Putting Kids First, the Children's Grove, Boone County Schools Mental Health Coalition and Youth Community Coalition (YC2).

**Amount Received:**  
\$100,966.00

**Individuals Served:**  
1,061\*

\*Individuals Served may include clients funded through additional program revenue sources.  
Does not include individuals reached through the Look Around Boone campaign.



# Community Health Fund: 2017 Program Overview

## Compass Health, Inc. *Comprehensive Health Care Solutions*



117 North Garth  
Columbia, MO 65203  
(573) 449-2581  
<http://compasshealthnetwork.org/>

### Program Goal

The program provides comprehensive, multi-faceted behavioral health care interventions for underserved and uninsured residents in Boone County. The program provides both individual and family counseling services, psychiatry and medication management to those who are referred by community agencies.

### Services Provided:

- Mental health counseling services (individual)
- Mental health counseling services (family)
- Psychiatry services including medication management
- Onsite assessment, evaluation, brief clinical intervention and care coordination

### Program Outcomes:



100% of clients continued the program following the initial assessment.



96% of clients reported an improvement in areas of daily living.



35 clients received a psychiatric evaluation.



78% of clients discharged from the program showed progress on treatment goals.

### Client Success Story:

"One of our clinical staff is preparing to successfully discharge a young lady (mother of one child) who has greatly benefited from county-funded programming/interventions. The client is a single mother working two waitressing jobs to make the ends meet. She has been determined and engaged in every aspect of her treatment, seeking to learn the skills to help her be more successful. During one of her treatment sessions, the client indicated that she was informing her son that it is perfectly acceptable to ask for help when you need it. His client has struggled with anxiety her entire life, which has kept her from going places and doing things with her son. She found herself unemployed at one point, smoking pot to ease anxiety, and shut away from everyone (including those friends and family members who were trying to assist her). As aforementioned, the client is now employed, working two jobs to support her family, and is currently thinking about going back to school. This client has reunited with friends and family. She also comes into her son's classroom and assists in every other event (classroom gatherings/parties), which was pretty unthinkable if you would look to her beginnings of therapy at our agency. Without the support of the county-funded program this client might not have received the services she needed to achieve optimal health and wellness." - Compass staff

**Amount Received:**  
\$13,323.15

**Individuals Served:**  
41



# Community Health Fund: 2017 Program Overview

## Family Health Center of Boone County *Boone County Emergency Dental Referral Program*



### Family Health Center

Health and Care. Within Reach.

Family Dental Center  
1101 N. Providence Rd  
Columbia, MO 65203  
(573) 777-8997  
<https://www.fhcmo.org/>

### Program Goal

The program aims to refer identified consumers directly to an appropriate dental care environment to address the consumer's acute dental needs, offer an ongoing source of preventive dental care, realize cost savings and prevent subsequent avoidable ER visits.

### Services Provided:

- Limited oral exam
- Intra-oral periapical X-ray
- Non-surgical extraction/basic dental service
- Emergency room referral of dental patients to Family Dental Center

### Client Success Story:

"The patient initially came from the ER with a dental referral. He was in severe pain, had a history of drug abuse and was recently diagnosed with Hepatitis C. We treated him for the pain by extracting 3 teeth initially. The grant program allowed him to get the teeth out that were causing him pain all at once. He would not have been able to afford it otherwise due to his part-time status at his job. He did not even know that our clinic existed for people who had no insurance and little income. He has since applied for the sliding fee scale and has made other appointments. He keeps all of his appointments and sets aside money out of each paycheck to pay for his services. He is working on saving money to get an upper denture fabricated at our clinic. He has also established care with a PCP at Family Health Center to monitor his Hepatitis C and other health conditions. He is currently in recovery and without his initial visit for tooth pain he may not have ever been able to get ahead." - Family Health Center staff



### Program Outcomes:



91% of patients had their dental pathology stabilized as a result of their non-surgical extraction/basic dental service.



97% of patients had their dental pain alleviated as a result of their non-surgical extraction/basic dental service.



253 patients received a limited oral exam in 2017.



100% of patients received oral health education regarding routine prevention and oral health practices.

### Amount Received:

\$86,536.00

### Individuals Served:

929\*

\*Individuals Served may include clients funded through additional program revenue sources

# Community Health Fund: 2017 Program Overview

## The Food Bank for Central and Northeast Missouri, Inc. *Central Pantry*



Central Pantry  
1007 Big Bear Boulevard  
Columbia, MO 65202  
(573) 874-7848  
<http://sharefoodbringhope.org/central-pantry/>

### Program Goal

The Food Bank for Central and Northeast Missouri, Inc. provides food and groceries to those in need in Boone County.

### Services Provided:

- Distribution of emergency grocery items

### Program Outcomes:



There was a 8% decrease of clients responding "Often True" to the question, "In the last three months, the food we bought often didn't last and we didn't have the money to get more."



The Central Pantry distributed an additional 8,150 pounds of nutritious foods compared to the previous year.



The Mobile Pantry distributed 165,137 pounds of food in Hallsville, Ashland and Sturgeon, with 45% of the food being fresh produce.



74% of participants surveyed stated they visited the Central Pantry once a month and 7% indicated that food received from the Central Pantry is their only source of food during the month.

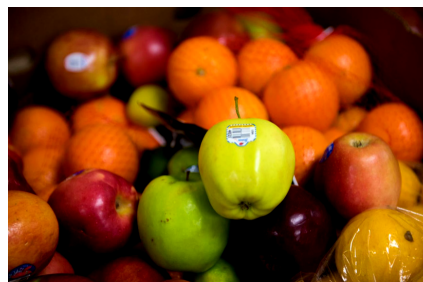
### Client Success Story:

"Five years ago, Dave began experiencing health issues. Spikes in blood pressure would cause him to pass out, which sometimes led to falls. The falls caused back trouble and torn rotator cuffs.

'I had to quit working,' he said. 'I went from making six figures a year down to nothing. It took us about five years to go through everything we had saved up to the point that we had to have assistance.'

Now, the family relies on his wife's salary to pay rent and bills. With two teens in the house, extra groceries from a mobile pantry in Columbia help, too.

'Anything extra helps,' he said. 'Especially with growing kids. A neighbor told us about The Food Bank, so we started going to it,' Dave said. 'It's nice to have assistance.'" - The Food Bank staff



**Amount Received:**  
\$50,000.00

**Individuals Served:**  
22,146\*

\*Individuals Served may include clients funded through additional program revenue sources

# Community Health Fund: 2017 Program Overview

## Mary Lee Johnston Community Learning Center (MLJCLC)

### *Lifestyle Habits*



1509 Hinkson Avenue  
Columbia, MO 65201  
(573) 449-5600  
<https://www.mljclc.org>

#### Program Goal

The program provides education and development of lifestyle habits that reflect the importance of quality food selection and positive activity choices.

#### Services Provided:

- Provide high-quality, nutritional food with whole grains, fresh fruits and vegetables
- Two planned parent inclusion movement events and nutritious meals with the children



#### Program Outcomes:



100% of meals served meet the high nutritional standards of the *Advanced Level Eat Smart Food Program*.



74% of children broadened their "like" of nutritious foods.



Two events were held for families to spend time exercising and to enjoy a nutritious meal together.



55 MLJCLC enrolled families participated in parent inclusion events.

#### Amount Received:

\$10,514.42

#### Individuals Served:

223\*

\*Individuals Served may include clients funded through additional program revenue sources

# Community Health Fund: 2017 Program Overview

## Phoenix Health Programs *Substance Abuse Treatment*



Phoenix Health Programs

90 E Leslie Lane  
Columbia, MO 65202  
(573) 875-8880  
<http://phoenixhealthprograms.com>

### Program Goal

The goals of the program are to improve the health and quality of life of Boone County residents impacted by alcohol and other drug use disorders through improved access to treatment and community collaboration. Another goal is to reduce criminal activity as a result of drugs/alcohol.

### Services Provided:

- Outpatient substance abuse counseling

### Program Outcomes:



48% of participants reported using alcohol in the prior 30 days at intake but decreased to 20% at the six month follow-up.



62% of participants reported using illicit drugs in the prior 30 days at intake but decreased to 13% at the six month follow-up.



31% of participants reported attending self-help groups at intake and increased to 42% at the six month follow-up.



27,613 hours of individual outpatient substance abuse counseling was provided in 2017.

### Client Success Stories:

"A 46-year-old-female overdosed on heroin last July. We have been meeting weekly and she has made incredible progress. Although we tried Medication Assisted Treatment services, it wasn't a good fit for her but she has been able to remain clean since. She reaches out to me when she has urges to use, is working on reconnecting with family that have been estranged, has a job in which she just received a promotion, has a car, home, and is utilizing community supports. She has been able to return to a 'normal' life!"  
- Phoenix staff



**Amount Received:**  
\$63,707.20

**Individuals Served:**  
1,305\*

\*Individuals Served may include clients funded through additional program revenue sources



# Community Health Fund: 2017 Program Overview

## Public Administrator of Boone County

### *Public Administrator's Dental and Eye Care for Adults*



#### Program Goal

The program provides dental and eye care to clients of the Boone County Public Administrator.

#### Services Provided:

- Dental treatment
- Eye glasses replacement

(573) 886-4190

[www.showmeboone.com/publicadmin/](http://www.showmeboone.com/publicadmin/)



#### Program Outcomes:



1 client had repairs made on their dentures.



2 clients received new dentures in 2017.



Medicaid reinstated dental services which reduced the number of clients seeking assistance from the Public Administrator of Boone County.



No requests were made in 2017 for eyeglasses.

#### Amount Received:

\$5,840.00

#### Individuals Served:

3

# Community Health Fund: 2017 Program Overview

## The Salvation Army *Salvation Army Harbor House*



DOING THE  
MOST GOOD®

602 N Ann Street  
Columbia, MO 65201  
(573) 442-3229  
[http://www.usc.salvationarmy.org/usc/www\\_usc\\_columbia.nsf/vw-sublinks/294AF7B310983CB8862575AF0071C4D1?openDocument](http://www.usc.salvationarmy.org/usc/www_usc_columbia.nsf/vw-sublinks/294AF7B310983CB8862575AF0071C4D1?openDocument)

### Program Goal

The goals of the program are to improve the well-being, personal safety, and the physical, mental and emotional health of homeless adults and families of all ages. The adults work to resolve the issues which led them into homelessness with the ultimate goal of securing permanent housing.

### Services Provided:

- Emergency shelter with meals

### Program Outcomes:



440 individuals were housed safely at least one night.



16,495 bed nights were provided.



100% of individuals were served a meal each night.



73 children/youth (with an adult) were housed safely at least one night.

### Client Success Story:

"Susan's husband, Alex, lost his job. Susan herself is legally blind; will eventually be completely sightless as the eye disease progresses; and currently is not on any type of disability. With no income, Susan and Alex quickly could not pay their bills and found their family being evicted with no place to go.

Alex's grandmother called Harbor House and a family unit was available. 'We are so grateful that Harbor House was able to take us. If it wasn't for Harbor House, I don't know where we would be.'

Alex is seeking employment, and Harbor House is working with Susan to help her receive disability for her failing eyesight." - The Salvation Army staff



**Amount Received:**  
\$50,000.00

**Individuals Served:**  
440\*

\*Individuals Served may include clients funded through additional program revenue sources

# Community Health Fund: 2017 Program Overview

## Services for Independent Living

### Senior Connect



#### Program Goal

Services for Independent Living's (SIL) goals are to help low-income seniors live independently, make homes safer and alleviate isolation/depression while improving overall quality of life and health.

#### Services Provided:

- Home maintenance (lawn mowing, leaf raking, snow shoveling and one-time projects)
- Case management
- Carrier Alert
- Property tax credit preparation filing
- Food pantry delivery and grocery shopping
- Friendly visiting

1401 Hathman Place  
Columbia, MO 65201  
(573) 874-1646  
<http://www.silcolumbia.org/>

#### Client Success Story:

"Nina came to SIL to get her Property Tax Credit (PTC) filed. The PTC is a Missouri Department of Revenue program specifically for low-income seniors and/or people with disabilities. Services for Independent Living (SIL) files PTCs at no cost to our consumers. In 2017, the program put over \$65,000 back into the hands of the low-income seniors we serve to use toward basic needs and other critical expenses.

During her PTC appointment, Nina let SIL staff know that she did not have a working furnace. She had not been able to afford to replace it. Nina is in her 80s, lives in Centralia and has lived in Boone County for most her life. Her husband passed away, leaving Nina with a limited support network. Nina had been in and out of the hospital and had been living without a furnace for the whole winter, exacerbating her pneumonia. That very day, Nina started receiving case management from SIL, which connected her to Central Missouri Community Action (CMCA) for a brand new furnace. Nina used all her PTC money to help pay for the furnace.

Nina's story illustrates the enormous impact individuals and community agencies can have in a person's life when they take the time to listen and work together." - SIL staff

#### Program Outcomes:



92% of seniors report that social support services impact their ability to live independently in their own home and community.



91% of seniors report improved quality of life.



60% of seniors attended two preventative doctors visits with a care coordinator.



123 seniors had SIL file their 2016 Property Tax Credit.



70 seniors received assistance with grocery shopping and/or delivery.

#### Amount Received:

\$41,892.81

#### Individuals Served:

314\*

\*Individuals Served may include clients funded through additional program revenue sources

# Community Health Fund: 2017 Program Overview

## University of Missouri Adult Day Connection

### *Adult Day Scholarship Program for Individuals Living in Boone County*



**Adult Day Connection**  
*University of Missouri Health*

#### **Program Goal**

Boone County individuals with limited income who attend Adult Day Connection (ADC) can remain at home longer and demonstrate higher life satisfaction. Caregivers of the participants also report less stress and higher life satisfaction.

#### **Services Provided:**

- Adult Day Health Care (Respite) which includes meals, nursing visits, exercise and activities
- Transportation to and from the center from the participants' home (within 15 miles)

1307 Clark Hall  
Columbia, MO 65211  
(573) 882-7070  
[www.adultdayconnection.com](http://www.adultdayconnection.com)

#### **Program Outcomes:**



78% of caregivers reported their loved one increased or maintained well-being after attending ADC.



67% of caregivers reported decreased stress related to care giving. The program experienced several participants declining in health over the year which may have caused more stress in the lives of caregivers.



2 participants received transportation services to increase ADC attendance.



"MU Adult Day Connection started in 1989. For over 29 years the program has been caring for individuals in our community who need a place to belong and meaningful things to do. Almost 700 families have been served by ADC. A great majority of the individuals struggled with memory difficulty and the families worked tirelessly to keep them at home.

Every day individuals gather to befriend one another, join in exercise, and do activities that stimulate their thinking. At the same time, family members work, rest, and run errands.

The smile on a centenarian's face when he or she dances to the music they love means so much. Sometimes the most important time of the day is when someone is included and helps a student complete a project. It is all so meaningful at ADC!"  
- ADC staff

**Amount Received:**  
\$12,000.00

**Individuals Served:**  
69\*

\*Individuals Served may include clients funded through additional program revenue sources



# Community Health Fund: 2017 Program Overview

## Voluntary Action Center (VAC) *Basic Needs and Emergency Services*



403A Vandiver Drive  
Columbia, MO 65202  
(573) 874-2273  
<http://www.vacmo.org>

### Program Goal

The program provides services that specifically address and meet needs for assistance with health, employment, housing and safety for low-income Boone County residents.

### Services Provided:

- Co-pay assistance for prescriptions, medical visits, eyeglass services and other medical needs
- Rent assistance for homelessness prevention or rapid rehousing
- Uniforms or other clothing for work
- Screening for provision of infant car seats

### Client Success Stories:

"Deborah, 81, lives with her son Michael, who is 58 and has muscular dystrophy. The genetic condition also affected Deborah's late husband and late grandson. Michael had not been able to take a shower because his wheelchair was too large fit into the shower. Deborah turned to VAC with hope of receiving funding for a new, smaller wheelchair. Once she discovered we could help, Deborah meticulously searched online to find a wheelchair that would work by size and price, and because of extra funding available, we were able to pay for the chair. Deborah was overjoyed and emotional, tearfully explaining how much it meant to her and her son that he would be able to take a shower again." - VAC staff

"Roger and Felicia stayed current on rent until one month last summer. Felicia was working full time while Roger stayed home with their four children. When Felicia became pregnant she continued working until she was put on bed rest. At that point, they fell behind in rent for one month. Roger searched for work and was hired for two positions – both full-time. Their landlord went to their unit to leave a note indicating that he was going to evict them for non-payment. When he reached for the note, he found one of VAC's business cards instead. He chose to stick that on their door, writing, 'Maybe they can help'. VAC was able to cover the month's rent and also provide gas so Roger could travel to his new jobs. Both the family and the landlord were grateful for VAC's help." - VAC staff

### Program Outcomes:



245 people received rent assistance for homelessness prevention or rapid rehousing.



210 work uniforms were provided to individuals to obtain/retain employment.



202 child car seats were distributed to keep children safe in a vehicle.



669 medical and prescription co-pays were paid for those in need.



Transportation assistance for medical visits was provided 269 times.

### Amount Received:

\$34,000.00

### Individuals Served:

1,228\*

\*Individuals Served may include clients funded through additional program revenue sources

# Community Health Fund: Strategic Opportunities

## Burrell Behavioral Health, Inc.

### *SSI/SSDI Outreach, Access and Recovery (SOAR)*



1805 E. Walnut  
Columbia, MO 65203  
(573) 777-7500  
<http://www.burrellcenter.com/>

#### Program Overview

The program's goal is to increase access to SSI/SSDI and Medicaid/Medicare for eligible adults who are homeless or at risk of homelessness and have a mental illness and other co-occurring disorders.

#### Amount Received:

\$23,499.31

#### Individuals Served:

57

#### Program Outcomes:



57 total referrals have been received since the program began. 17 individuals have completed paperwork to initiate a protective filing date.



Three applications have been completed and submitted to Social Security Administration. One application was approved for SSI/SSDI benefits in 11 days after eight previous denials.

## Central Missouri Community Action (CMCA)

### *Transportation Project*



800 N. Providence  
Columbia, MO 65202  
(573) 443-1100  
<http://www.showmeaction.org/>

#### Program Overview

Utilizing CMCA's Mobility Management Coordinator, funds are provided for the most reasonable, cost-effective transportation to access services when no other means of transportation are available.

#### Amount Received:

\$8,699.84

#### Individuals Served:

73

#### Program Outcomes:



172 rides were coordinated to meet transportation needs. The most requested need is transportation to medical/mental health appointments.



93% of participants surveyed reported being satisfied or completely satisfied with transportation services.

# Community Health Fund: Strategic Opportunities

## Job Point

### *Vocational Skills Training*



#### Program Overview

Funds are provided for individuals referred from the Boone County Alternative Sentencing Courts to receive vocational training.

400 Wilkes Boulevard  
Columbia, MO 65201  
(573) 474-8560  
<http://www.jobpointmo.com/>

**Amount Received:**  
\$4,000.00

**Individuals Served:**  
4

#### Program Outcomes:



3 students completed vocational training by the end of 2017.



A fourth student is scheduled to complete their training in 2018.

## Domestic Violence Fund

### True North



#### Program Overview

The goal of True North is to provide victims with safe housing, advocacy, and support. This may include systematic arrest, prosecution and sentencing of abusers, effective civil protection via Ex Parte Order of Protection, counseling and education groups, systems and cooperation via written protocols within and among community agencies, and participation by and accountability to the victim advocacy groups.

P.O Box 1367  
Columbia, MO 65205  
(573) 875-0503  
Crisis Line: (573) 875-1370  
<http://truenorthofcolumbia.org/>

**Amount Received:**  
\$27,695.22

**Individuals Served:**  
873\*

#### Program Outcomes:



873 individuals were served with 150 being children.



1,812 referrals were made for medical, psychological, financial, educational, vocational, child care or legal services

\*Individuals Served may include clients funded through additional program revenue sources

# Boone Impact Group Efforts

The Boone Impact Group (BIG) is a unique collaboration between Boone County, City of Columbia and Heart of Missouri United Way. Meeting weekly, this group shares information to prevent duplicating work as funders to ensure that organizations are receiving adequate funding and support. Through this collaboration, BIG is playing a critical role in identifying resource gaps, helping organizations to maximize their services, and coordinating the strengths and abilities of the city, county and human services sectors to tackle challenging social issues together. For more information, visit [www.booneimpact.org](http://www.booneimpact.org).

## **Mission Statement:**

Boone Impact Group coordinates local funders and stakeholders to advance the collective impact of community resources and improve the lives of all Boone County residents.

## **BIG Taxonomy of Services**

BIG developed the Taxonomy of Services to provide a universal language for services being provided among organizations receiving funding from the Boone County Community Services Department, City of Columbia/Boone County Department of Public Health and Human Services, City of Columbia Community Development Department and Heart of Missouri United Way. The taxonomy provides service categories that identify the type of services provided to individuals living in Boone County. Beginning in August of 2017, funding proposals were required to use the Taxonomy of Services to identify what services will be provided. The programs are individualized within proposal narratives, proposed outcomes, indicators and method of measurements.

While developing the taxonomy, BIG collected feedback from local organizations to make sure services they provide are included and accurately defined. The feedback was collected and arranged into a table with responses from BIG on how suggestions were processed. Feedback on the taxonomy will continue and possible changes will be discussed between BIG partners.

## **Boone Indicators Dashboard**

The Boone Indicators Dashboard (BID) is a website coordinated by BIG, data experts, and the University of Missouri Office of Social and Economic Data Analysis (OSED). OSED has been contracted to collect the most reliable data sources regarding populations and issues of Boone County residents. The purpose of BID is to provide visualized information tools for diverse community stakeholders to inform and align community planning, resource investment, performance management, and monitoring.

BIG views this work to be a foundational building block that will establish core capacities for collective impact. Progress toward collective impact is driven by the partners' ability to use data to develop a common agenda, inform strategy alignment and to leverage sustainable investments. For more information, visit [www.booneindicators.org](http://www.booneindicators.org).



# BCCS Community Advancement Efforts

## Professional Development Events

### **Matters of Social Justice: How Implicit Biases Impact Our Children**

*Dr. Walter Gilliam*

The Boone County Children's Services Board hosted a free professional development event in February 2017 with guest speaker Dr. Walter Gilliam, Director and Associate Professor at Yale School of Medicine. Dr. Gilliam presented research findings demonstrating implicit bias beginning in early childhood; the long term social implications; and current directions of research and policy regarding addressing implicit bias. The event provided free continuing education credits for early childcare providers, social workers and lawyers. The response from the community was overwhelming with 189 individuals in attendance and feedback requesting a follow-up event with strategies and next steps to address implicit bias in our community.

### **Matters of Social Justice: Exploring Implicit Bias in Our Community**

*Steve Hollis, Annette Whitt, Courtney Pulley, Nikki McGruder, Rod Chapel, Alyssa Liles-Amponsha, Aaric Doyle Wright, Stan Hudson, Ioana Staiculescu, Kari Utterback and Dominique King*

The Boone County Children's Services Board, in collaboration with local organizations, hosted a second event that presented local data on disparities, understanding personal unconscious biases, and a series of breakout sessions exploring and addressing biases. The event was in July 2017 and also provided free continuing education certificates for social workers, childcare providers and lawyers. The response from the community inspired the continuation of the Matters of Social Justice Committee and the development of the Matters of Social Justice: Journey Toward Inclusive Excellence. The committee agreed that addressing biases and creating change in our community does not occur with one event. The conversation and resources should continue throughout the year. In the fall, Nikki McGruder formerly of Diversity Awareness Partnership - Columbia, accepted the leadership role of the committee and the Journey Toward Inclusive Excellence was launched in early 2018. The Journey Toward Inclusive Excellence is a series of events from January to August 2018 discussing various social justice topics. Visit [www.inclusivejourney.org](http://www.inclusivejourney.org) for more information.

### **How to Think Like a Baby & Coping with Early Adversity**

*Dr. Ross Thompson*

The Boone County Children's Services Board hosted two free professional development events in September 2017 with guest speaker Dr. Ross Thompson, Distinguished Professor at University of California, Davis. Dr. Thompson held "How to Think Like a Baby" for parents and child care professionals. Participants learned how babies think differently and better understand why they do what they do. Dr. Thompson's second presentation, "Coping with Early Adversity", focused recent research on the effects of stress on the developing brain and behavior and its implications for those who work with young children in early care and education settings, health care, family practice and other contexts. Both events provided free continuing education credits for child care professionals and social workers.

## **Community Services Department Staff:**

Kelly Wallis, Director  
Joanne Nelson, Program Manager  
Kristin Cummins, Program Specialist  
Lauren Schnitzler, Administrative Assistant

## **Boone County Children's Services Board Members**

Les Wagner, Chair  
Gregory Grupe, Vice Chair  
Nancy McKerrow, Treasurer  
Michele Kennett  
Kathy Thornburg  
Dewey Riehn  
Wiley Miller  
Leigh Spence  
Joel Ray

## **Community Health Advisory Council:**

Commissioner Janet Thompson  
Stephanie Browning  
Barbara Weaver  
Matt Harline  
Linda Cooperstock

## **Community Services Department**

605 E. Walnut, Ste. A  
Columbia, MO 65201  
(573) 886-4298  
[www.showmeboone.com/communityservices](http://www.showmeboone.com/communityservices)

